



Goetheanum
School of Spiritual Science
Medical Section
International coordination

Anthroposophic Medicine/IKAM
Eurythmy Therapy Coordination: Angelika Jaschke

Eurythmy Therapy Forum/Network Newsletter No 5 (internal), December 2007

Leading Thought

"The healthy social life is found, when in the mirror of each human soul the whole community finds its reflection, and when in the community the virtue of each one is living."

The Motto of Social Ethic by Rudolf Steiner

Out of the strength of these words we actively build the substance of our Eurythmy Therapy Forum/Network. A social Organ which only exists through our common goal and combined efforts.

General Information

International World Eurythmy Therapy Conference

April 30 - May 6, 2008

Substance - Transformation - Process
Taking hold of the body - meeting the cosmic word

Dear colleagues,

With great effort we managed to finish our program in September 2007.

We are still concerned about funding, though. Please ask all the patients, doctors, uncles, aunts, companies, factories you can think of to enable as many colleagues from financially weak countries as possible to participate. Most of the lecturers do not charge any fees, but the rent of the Goetheanum, the eurythmy performances and travel allowances for colleagues cause huge costs. But together we will make it! How many colleagues can we expect? There are 1600 colleagues around the world, and Michaela Gloeckler awaits us ALL! Please register as early as possible to make sure you can take your favourite course!

At the annual conference of the Medical Section we provided all the delegates with copies of the program and asked them to send them to the colleagues in their countries to make sure that everybody gets an invitation. (Erika Leiste).

Lecturers Meeting of the International World Eurythmy Therapy Conference

October 5 - 6, 2007

All lecturers (doctors and eurythmy therapists) of our World Conference in May 2008 had a five hour meeting together with Michaela Gloeckler.

The printed program was available and besides details we dwelled on basic questions as: What is necessary to strengthen and develop the eurythmy therapy impulse? What is our professional identity and how could we define it nowadays? How could this impulse be cultivated and further developed out of the spiritual sources of the anthroposophic medicine?

This stimulating and whole-hearted exchange induced us, the preparation group, in a helpful way to feel the whole dimension of all that is possible and necessary.

There is still much to do, especially as regards financially enabling colleagues from every part of the world to participate in this working feast. (A.Ja.)

International Delegates Meeting of the Eurythmy Therapy Forum

3 October, 2007

Representatives from 14 countries and 7 practice areas of eurythmy therapy had attended the meeting this year.

The conference dealt with the question of forming an alliance that is an alliance of will and awareness (and not a supranational legal body/umbrella organisation). The participants dealt with the questions how this professional alliance is embedded in the Medical Section and which communication structure will be used.



An important topic was the discussion about the new funding concept of the Eurythmy Therapy Forum. In summer, the initiative group developed a new and fairer funding model and presented a draft. This model has been tried out in Austria and discussed in several countries. Many people embrace the idea that every practicing eurythmy therapist in the world should donate the income of one (or two) sessions for the global eurythmy therapy movement. In Rumania, one session might cost 2 euros, in Germany 40 euros, in Switzerland 80 euros etc. Thus we could make allowances for different national purchasing powers. It still has to be worked out on the national level, which amount should be given by the employed colleagues, how to inform everybody in the world apart from the help of professional associations and other details.

This year the constantly raised question about the benefit of the Eurythmy Therapy Forum for every single member of this profession could be presented - apart from the perceptible inner connection of awareness - in a sensuously visible way.

The program for our first Eurythmy Therapy World Conference in May 2008 had been printed (supported by sponsors) just before our conference started. It is the result of a successful collaboration and coordination of many people.

Another visible sign of successful collaborating is the „Bibliography for Eurythmy Therapy“ by Beatrix Hachtel and Dr. A. Gäch. It is also the result of a - cross-national - collaboration, but we should express our gratitude to Beatrix Hachtel who continuously held together this huge project and meticulously collected all the information.

This year, the leading thoughts for the Eurythmy Therapy Forum/Network could be put down in a brochure which will be available at the World Eurythmy Therapy Conference, translated into the languages of those countries where eurythmy therapy exists. We already got a first impression how the brochure will look like with Japanese or Cyrillic characters!

A draft of the Association's codes of conduct on the generally accepted ethical guidelines for eurythmy therapy is available and will be worked on till the next delegates meetings in the countries and the professional associations. Transparency, tolerance, mutual acceptance (appreciation) and confidence provide a basis for the interlinkage of the international professional alliance of eurythmy therapy which can be described from the outside as perceivable and positive.

The next international delegates meeting will take place prior to the World Eurythmy Therapy Conference, on

Wednesday 30 April 2008, between 9am and 12am in Dornach.

All country representatives, professional associations, representatives of practice fields, training centers and working groups are invited. As an overture of our World Conference this will be a plenary meeting. (A.Ja.)

Advising Group

The former Initiative Group decided to call themselves „**Advising Group**“ according to its future tasks.

6 people from 6 countries are willing to keep close contact to the coordinator and provide advices and ideas.

This year we met in Järna, Sweden, from June 8 - 10, 2007. After intensive discussions we drafted a new suggestion for a fairer financing concept of our global network (see the report about the Delegates Conference) and worked on our first brochure which gives an overall picture of the Eurythmy Therapy Forum/Network.

The results of the meeting of the Advising Group only serve as a preparation of the Delegates Conference. Only the decisions are taken which have to be forwarded to the countries to be discussed. The votes and feedback from the countries will be worked on again in the Advising Group. This group also dealt with the question how the representatives of the different countries will be brought out at the World Eurythmy Therapy Conference.

Next meeting of the group will be in Milano, Italy, from April 4 - 6, 2008. (A. Ja.)

International Meetings in Autumn 2007 in Dornach

IKAM Experts Meeting (International Coordination Anthroposophic Medicine), September 30, 2007

In light of recent events we dwelled intensively on the topic of anthroposophic hospitals and their economic situation, their anthroposophic self-conception and their social interaction.

Future tasks will be the developing and phrasing of clinical pathways/guidelines during the acute hospital phase (also for the eurythmy therapy).

The annual budget of the Medical Section was drafted. Meanwhile, all professions within the Medical Section manage to raise their funding (at least 40,000 € per year) on their own. Eurythmy therapy (Forum/Network) is still depending on the support of the Section. Our new funding concept was well received and from 2009 hopefully



we will be able „to stand on our own feet“. (A.Ja.)

International Meeting of Representatives of the International Federation of Anthroposophic Medical Associations (IVAA), December 1, 2007

The representatives of Anthroposophic Medical Associations from 21 countries had met for their annual 3 days conference.

This year the wish had been expressed to deal with the current situation of eurythmy therapy. A panel of 8 experts was the preferred form to demonstrate different aspects of eurythmy therapy. Over the time, the composition of the panel had changed quite often. On October 1 following experts were present: Irene Pouwelse, Brigitte von Roeder, Lasse Wennerschou, Gudrun Merker, Sabine Sebastian, Elke von Laue, Broder von Laue, Wolfgang Rissmann.

On the basis of „Extending Practical Medicine - Fundamental Principles based on the Science of the Spirit“ we only dwelled on three main topics according to R. Steiner:

1. Eurythmy therapy only in cooperation with a doctor/only on the basis of a diagnose.

It was stated that this question is as old as eurythmy therapy itself. Obviously there is no easy solution. Some ways of solving the question have been developed: training courses for doctors and eurythmy therapists, jointly working on basic questions, own experiences with eurythmy therapy and striving for a common language and good communication.

2. Eurythmy therapy must not become a matter for lay people/dilettants.

The main question was how to provide a contemporary high quality eurythmy therapy training. How much contemporary artistic eurythmy training is a prerequisite for eurythmy therapy? Which form of training is necessary nowadays in order to cope with modern diseases, to meet the legal requirements of a therapeutic profession and to embrace the spiritual roots? The rep-

representatives of the Anthroposophic Medical Associations expressed their wish and request to train the trainers along these lines and to develop a „training manual“ for eurythmy therapy.

3. Eurythmy therapy and its practical success.

The physiological effects have to be described in these days in order to be taken seriously. This implies that a reflection in form of an educated documentation of eurythmy therapy should be taken for granted. It could be a decisive communication linkage with the responsible doctor and, furthermore, a first step towards a scientific attitude regarding eurythmy therapy. (A.Ja.)

Internationale Annual Conference of The Medical Section October 4 - 7, 2007

650 participants from 47 countries attended this year's annual conference in order to work on the „Active Principles of Anthroposophic Medicine“.

The day started with a silent, amazing live process demonstration of sulphur, mercury and sal, presented on a big screen in the big Goetheanum hall.

65 working groups studied distinctive cases of illness and the remedies and their substances from the „Fundamental principles...“.

Dr. Albrecht Warning conducted an experiment with us, taking as an example the remedy for migraine, Biorodon (Kephaldoron), chapter X,2,, and encouraged us to have a look at the concertante harmony of eurythmy therapy, artistic therapy and rhythmic massage dealing with the illness itself and the substance effects of sulphur, iron and silica. We concentrated on the question, what could be the analogous processes within a therapy compared with the substances.

Dr. Warning's morning lectures on illness and the substances were worked on by the different professions and the results were presented in the plenary in the evening. It was very informative to define the common and different approaches and effective principles of the therapies dealing with the same diagnosis and we received an impression of how basic or superior elements of the illness can appear within the anthroposophic medical context. (A.Ja.)

Country Reports

AUSTRALIA:

Josefin Porteous

(> josefinporteous@gmail.com < >)

13 eurythmy therapists work in Australia - a big and wide country. We colleagues do not know each other yet. Some have just joined us, others live in a distances of thousands of kilometers.

6 therapists live in Sydney, 3 of them are active in the field of eurythmy therapy, the others are successful eurythmy teachers at local Waldorf Schools. 4 eurythmy therapists live in Melbourne and practice in cooperation with the Melbourne Therapy Center, working with anthroposophic doctors, alternative practitioners and other therapists.

2000 kilometers north of Melbourne, in Byron Bay in the North of New South Wales, live 2 wonderful eurythmy therapists who exchange experiences with homeopathic doctors.

One of our colleagues is completely alone in Adelaide, which is another 1500 kilometers in the West of Byorn Bay.

We exchange experiences regularly with our experienced Newsealand doctor David Ritchie. Every other 3 months he visits the schools in Sydney and Adelaide, in addition with 2 other doctors here in Sydney and several homeopathic doctors who we contact regularly.

Dr. David Ritchie gave the impulse for the initiative to have a nonrecurrent training course for eurythmy therapy. We are in contact with the Mandates Group of the International Training Group in Dornach and also with Dr. Michaela Gloeckler. In September 2008 we would like to inaugurate the 2-year course. We do hope we can manage to offer a complete, comprehensive and well grounded training course.

AUSTRIA:

Mareike Kaiser

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In November 2006 the extraordinary general meeting took place, within the announced seminar on teeth eurythmy therapy.

We, the Association for Eurythmy Therapy, are now a member of the Austrian Board of Art Therapies (ABOAT) which is very active on the political level, especially as regards the question of our

accreditation. We have not fulfilled one of our biggest tasks yet, i.e. to define all places in Austria where there had been any practice of eurythmy therapy, the persons and the space of time.

In 2007 3 teeth eurythmy therapy seminars took place in Aesch, together with M. Kaiser (organised by the Austrian Association).

On October 22 the Ita Wegmann Zentrum in Graz celebrated its opening (Dr. Albrecht Warning, Dr. Martin Gmeindl, Charlotte Allmer and Mareike Kaiser).

In spring a state school in Feldbach near Graz asked for hygienic eurythmy. Meanwhile they are educated there in four classes. In the afternoon they give eurythmy therapy on a regular basis (especially for misaligned teeth, support of learning aptitude and adjustment for early school enrollment). More elementary schools in the neighbourhood want to join the project. The parents support it financially.

In December 2007 an interview with Dr. Schwarz, Dr. Warning and E. Fabro about anthroposophic medicine and corresponding therapies will be broadcasted by Ö1 (radio).

At Easter 2008 a conference on the topic „Heart“ will be organised by the Christian Community. Eurythmists from Hungary, Croatia and Austria will give artistic contributions.

BRASILIA:

Cecilia Teixeira

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„Keeping contact with the global eurythmy therapy network is of great importance for us! I will take care of what we can achieve in Brasilia. We will talk and strengthen the bonds which have been quite loose up to now. It would be great, if we could succeed.“

CANADA:

Michael Chapitis

(> info@waldorfschool.net < >)

4 eurythmy therapists work in Canada. They have a good relationship to their doctors. Once a year they meet for a medical therapeutical conference.

ENGLAND:*Daniel Maslen**(>danmaslen@hotmail.co.uk <)*

The new 'overarching body' CAHSC (Council for Anthroposophic Health and Social Care) is now fully established with lots of members.

The eurythmy therapy training is flourishing in its new home Stroud.

Last year we had a large conference with the theme „Healing Forces in Planets and Zodiac“. Udo Hermansdorfer spoke and Rudolf Steiner's 12 Moods was performed by the London Stage Group. We were pleased to welcome Angelika Jaschke and Dr David McGavin as our guests.

This year the AGM will be held in a weekend conference in Michael Hall School with the theme „Documentation“.

The Foundation Stone Meditation will be performed in eurythmy.

FINLAND:*Anne-Marie Somero**(>amsomero@welho.com <)*

We are very glad that our group of eurythmy therapists has been enlarged by 3 newcomers. They absolved the training course in Moscow.

Mrs. Ursula Ziegenbein continued her spring weekend course with doctors and eurythmy therapists in Lahti.

This year we got to know Gerhard Weber's tone eurythmy therapy work in two 5-day courses in Tampere.

In autumn Erika Leiste and Anna Seydel visited Helsinki and gave advice for eurythmy therapy in schools and for talks about children.

Because of the long distances a regular monthly study of the Eurythmy Therapy Course is only possible in Helsinki.

We have refrained from inviting foreign guests next year in order to manage to come to the World Eurythmy Therapy Conference. We are so much looking forward to it.

GEORGIA:*Nino Waschakidse**(>umn@access.sanet.ge <)*

In Georgia eurythmy therapy has started since 1997 within the framework of the supporting Association of Anthroposophic Medicine „Man and Nature“ and the „Therapy House“ Ltd. Patients are being treated, we study the Eurythmy Therapy course on a weekly basis - both theoretically and practically - together with doctors from the therapy house and other institutions. During the doctors' seminar one parallel eurythmy therapy course was held.

After 5 years of regular work the need emerged that doctors who are interested in eurythmy therapy should

deepen their knowledge of eurythmy therapy. Among the doctors there were some anthroposophically oriented doctors practicing outside the capital. Because of the huge demand of eurythmy therapist we decided to develop an in-service training for the doctors in Georgia. Foreign trainers were invited: Pauline Grounds (Hamburg), Dr. Gudrun Merker (Pforzheim), Baudewjn Fehres (Den Haag), Erika Molin (Järna), Margret Thiersch (Dornach). Three times per year we studied the Eurythmy Therapy Course.

In the meantime I (Nino Waschakidse from Tbilissi) continued the work regularly.

The whole training course lasted 4 years, from September 2002 till July 2006, including a work placement.

The group consisted of 7 doctors (2 doctors joined later on) and one eurythmy therapist. 5 doctors received a certificate after graduating and writing a diploma thesis. They can prescribe eurythmy therapy now and practice eurythmy therapy exercises with their patients.

In autumn 2006, the graduated doctors took the initiative to meet every weekend to do some further training together with eurythmy therapists. Each Saturday 5 trained doctors and 2 eurythmy therapists come together. They study Dr. Steiner's and Dr. Ita Wegmann's „Fundamental Principles“, discuss cases and do the relevant exercises. During the doctors' seminar there are 2 or 3 intensive weeks of eurythmy therapy training. Provision is made for the next intensive training course in spring 2008.

In 2006 and 2007 two books were translated into the Georgian language: Rudolf Steiner's „Eurythmy Therapy Course“ and Kirchner-Bockholt's „Fundamental Principles of Curative Eurythmy“.

GERMANY:*Florian Hoyer**(>Sekretariat@bvhe.de <)*

The practice field eurythmy therapy in schools has been established for some years, and now eurythmy therapists are getting aware of eurythmy therapy in social pedagogy. The practice fields eurythmy therapy and elder people and eurythmy therapy in the kindergarten start cooperating. For eurythmy therapy in hospitals and in private practice it is more difficult to find some common ground. The eurythmy therapy is actively involved in the umbrella organisation of the Anthroposophic Medicine (DAMiD). Above all it is an effect of the contracts for integrated care, which for the first time have been placed between health insurance companies and therapists. There are still too many eurythmy therapists who

are reluctant to affiliate with the Association. Nevertheless, it is continually developing into a competent and exclusive contact point for other parties. Additionally, since the very beginning the Association is decisively involved in the political activities of all German art therapists striving towards general recognition and future positioning. An overall professional statement will shortly be available. After that, the political work for a professional law will start.

HUNGARY:*Maria Scheily**(>scheily@axelero.hu <)*

At the moment the whole health system is being restructured, and that is of great importance right now. One single insurance is being split into several private health insurance companies, many hospitals are being closed, many employees are being dismissed and new fees are being introduced. This process is dominating at the moment, and so we have to wait with our question of accreditation until the most urgent questions have been solved.

Currently there are 3 eurythmy therapists in Hungary, 12 students absolve their third study year as a work placement, mostly in schools. They will probably stay there.

After their graduation in autumn 2008 we plan to found an association for eurythmy therapy.

IRELAND:*Anne Todman**(>annetodman@camphill.ie <)*

In the Republic of Ireland eurythmy therapy at present relies very much on the Camphill Communities, where most of the support and clientele are concentrated, and we also have two anthroposophic doctors to work with. Outwith Camphill, the therapy seems to often find difficulty being accepted. Is it too alien, or simply as yet unknown? Or are there other reasons for the lack of uptake? E.g. the strong Catholic background in the country generally, which is rather a non fertile ground for anthroposophy in general, and makes many things an uphill battle, although there is an active Anthroposophic Society here. Maybe as we are only a few therapists, it belongs also to the early days of establishing a new therapy discipline in a country, and Eire is after all, still catching up with the rest of Europe in very many areas.

There are currently 4 eurythmy therapists living in the Republic, and one eurythmist doing the therapy training in the UK. She will graduate at Easter 2009. Three of these 4 therapists and

the trainee live in Camphill communities. One is not practicing therapy at present, but teaching eurythmy to groups and in classes; the other two practicing therapists work mostly with patients from within Camphill: these are people with special needs, coworkers or their children. An occasional external patient will avail of the therapy, if referred by one of the doctors. The fourth therapist lives in the West, in County Clare, but also works in two Camphill Communities and with a few patients from elsewhere in her area. We try and meet up regularly, but distance and time are a hindering factor in this. The two who live within half an hour's drive from each other meet every week, when they are in the country - one has commitments in Belo Russia, and travels there on a regular basis for a few weeks at a time. Efforts to meet on a wider basis have foundered on difficulties of finding mutually compatible dates, health, and there being a travelling time of 3-4 hours each way separating us. We will persevere with the idea of all meeting for a day, maybe every 2 to 3 months, and hope it will come to fruition soon. We have sometimes met at the Medical Section meetings of the whole of Ireland, which take place twice a year, and this is always good and fruitful. Another eurythmy therapist will be moving here in January, to Camphill Ballytobin. Hopefully this will enable a larger regular nucleus of working together to establish itself, which may gradually itself have an effect on the wider community beyond the Camphill boundaries in making the therapy known, available and accepted.

ISRAEL:

Jan Ranck
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There is still no significant communication nor any formal organization among the 11 resident qualified eurythmy therapists (one in Beer Sheva, 2 in Tel Aviv, 2 in Jerusalem, 3 in the north who still practice in the field and 3 who do not). Katharina Knipping (Nuernberg eurythmy training, Stuttgart therapeutic training), who was the eurythmy therapist for the Waldorf Schools in Jerusalem (classes 1-8), Tel Aviv (classes 1-7) and Modiin (classes 1-2) decided to return to Germany this summer. Her work has been taken over in Tel Aviv by Etti Ori (Jerusalem Academy of Eurythmy, Peredur Therapeutic Training) and in Modiin and Jerusalem by Iris Sasson (Ringwood/Peredur). The support of eurythmy therapy by the Waldorf Schools in Israel varies. The school in Tel Aviv is outstanding in its recognition of the importance of eurythmy therapy and has plans to create

a salaried position, whereas the school in Jerusalem tends to send children to other alternative therapies more readily than supporting the school doctor's recommendation for eurythmy. In the north there are also differences from school to school.

The support of eurythmy therapy by the anthroposophic doctors in Israel also varies, but their attitude is in general positive. One of the leading doctors recently died of cancer.

Nadav Nachtomi from Kibbutz Harduf in the North, who led 7 students in an unrecognized part time eurythmy training to an „Abschluss“ two years ago, had plans to open a eurythmy therapy training for these and other interested students. He did not receive approval from the Medical Section at the time as (among other reasons) the students did not have recognized diplomas. Michael Leber is reportedly still working with his former students for basic qualification.

In the meantime Nadav has widely advertised plans to offer a 5-year part time eurythmy training in connection with courses in Western Medicine offered by the alternative medicine department of a Teacher's Seminar in Tel Aviv, which diploma he claims will be recognized by the national health insurance. He also offers a course beginning this autumn for those who already completed their training, also in conjunction with said courses and seminar. In the most recent notice about the training, no anthroposophic doctor is mentioned, nor is any other eurythmy therapist mentioned as being involved in his initiative.

ITALY:

Maria Teresa Fossati/Monika Margesin
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In Italy there at present 25 practicing eurythmy therapists. The minority works full-time, the majority is additionally active with educational and hygienic eurythmy. Next year we are going to develop the ethic codex for our profession.

On the basis of our cooperation with the anthroposophic doctors and the representatives of all anthroposophic therapies we will organise a conference in January 2008 on „Anorexia“ together with Dr. Ad, Henriette Dekkers and Dr. Ruchgaber.

In April 2008 the Consulting Group of the International Eurythmy Therapy Forum will meet in Milan, Italy.

JAPAN:

Kimiko Ishikawa
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We meet twice per year regularly. Currently we are working intensively at the method of working on case studies, we try to develop eurythmy therapy movement diagnosis and the way of writing the documentation. Furthermore, we are in the process of drafting a new brochure and continue the translation of the Eurythmy Therapy Course. We formed a renewed, enlarged eurythmy therapy working group together with the doctors with whom we study the Eurythmy Therapy Course, talk about cases and exercise eurythmy therapy intensively. This group consists of more than 20 doctors and 5 eurythmy therapists. The doctors who will finish the IPMT programme next year are very engaged.

Our visit to the Parliament was successful. The anthroposophic medicine is not well known in the public. This visit took place because of one person who was interested in the transcendental phenomena in human beings. She had heard a lecture on cancer which had been held by a doctor from Poland.

Our government does not set high value on complementary medicine, however the health insurance companies refund costs for Chinese medicine and acupuncture to some extent.

The problem with the anthroposophic medicine is that it is not so easy to import the medicine. Sometimes the doctors wait more than 3 months for medicine from Switzerland. (Hopefully the patients stay such long...!?)

During the IPMT Michaela Gloeckler therefore talked about the importance of eurythmy therapy because we can start right away (without having to wait for a long time). This led me to start working on eurythmy therapy together with the doctors and more than 20 doctors participated - as I had reported.

There are still many obstacles, but I am really glad that we advance step by step.

NETHERLANDS:

Liesbeth Hermelijn
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The Dutch Association for Eurythmy Therapy will celebrate its 40th anniversary in 2008.

It has been growing continually and it is a horizontal and open organisation. All practicing eurythmy therapists are members.

We are working on improving the quality together with the other anthroposophic professions. We are part of an organisation representing the whole anthroposophic health care. Together

we try to get officially accredited by the government and the health insurance companies.

And we are working on deepening our knowledge of eurythmy therapy by organising further training courses within the association.

The liaison with the Dutch department of the Medical Section enables us to study the Eurythmy Therapy Course together with the doctors on a regular basis. The annual study day of all anthroposophic medical professions gives the opportunity to get to know the therapists of other professions. The Section for the Art of Eurythmy, Speech, Drama and Music organises an annual meeting of graduates and a weekend with Werner Barfod to work on anthropological themes linked with eurythmy.

The Eurythmy Therapy Forum of the Medical Section in Dornach informs us about developments around the world. The board of the Association has formed several commissions responsible for specialised fields: further training, registration, disciplinary code. Once a year they inform the members about their work. We discuss open questions and take efforts to take decisions unanimously.

NORWAY:

Friedrun Plementas

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In Norway we have got this special situation that eurythmy therapy is mostly practiced in the numerous schools (at present 33). There is no active association for eurythmy therapy yet, however we strive for working in this direction and improving the contact between the therapists. Therefore I am still the interim contact person for the coordinator.

RUMANIA:

Constantin Gruia

(>corabia_ro@yahoo.com<)

We, Gruia and Ioan (Nelu), the two practicing eurythmy therapists in the two curative centers of Romania, „Corabia,, - Bucuresti and Simeria, send our best regards to all participants of the Delegates Meeting.

We hope that we will meet sometimes in the next future, because we both will participate in the first World Eurythmy Therapy Conference in May 2008.

We work with individual children in eurythmy therapy, without medical support (because we dont have this kind of support in our country) and in Bukarest after 14.00 pm, when there is a free space (a free classroom).

We also have classes (educational eurythmy) with a few groups, because the children want this very much.

Nelu also teaches eurythmy to kindergarten teachers, when they have the meetings for preparing (block seminars during their holidays).

And me, Constantin, three times a year I exercise eurythmy therapy with the doctors who participate in the anthroposophic medicine conferences.

We are glad to be able to help our colleagues in the neighbouring countries during their curative education conferences: Nelu goes to the Orfeu Center of Curative Education in Chisinau, Moldavia, and I go to Varna, Bulgaria (this time on October 27, 2007).

RUSSIA:

Tatiana Strizhak

(>strikaza2004@yandex.ru<)

Training

In January 2007 19 students of the Moscow training center (director: Margrit Hitsch) graduated in eurythmy therapy. 10 eurythmists acquired a diploma of the Medical Section and are qualified eurythmy therapists now. 9 doctors received a certificate on eurythmy therapy training and are now entitled to practice eurythmy therapy within their practice. The first graduates among our national experts can be seen as a milestone in the development of eurythmy therapy in our country.

In July 2007 the regular block seminar „Courses for Eurythmy Therapy in Schools“ was held in Moscow. It was led by Mrs. U. Ziegenbein und Mrs. Dr. Studer-Senn.

Starting a career

4 eurythmy graduates from the school for eurythmy therapy work in their home countries (Finland, Ukraine). Six Russian graduates are mostly active in Waldorf Kindergarten, Waldorf Schools and anthroposophically oriented curative educational institutions (Moscow, St. Petersburg, Rostov-am-Don, Syktyvkar). Many cooperate with doctors trained at the Moscow school.

In summer eurythmy graduates participated for the first time in a IPMT course near St. Petersburg and two of them could participate in a course in eye eurythmy therapy in Dornach, thanks to Mrs. Thiersch's support.

Post-graduate training

All colleagues agree that professional knowledge and skills have to be deepened and improved continually. We are therefore considering the development of a post-graduate programme geared at the needs of eurythmy therapists and meeting the standards of the Section. A first block seminar (led by Margrit Hitsch) could take place after the World Eurythmy Therapy Conference in May 2008 in Dornach.

Association of Accredited Eurythmy Therapists in Russia

In July 2007 the revised form of the statutes of the Association (which was founded in 2005) was approved. It will enable a better coordination of the activities of the Association in regard of the new generation of experts (eurythmy therapists and doctors).

Publications on eurythmy therapy

The following article was published in Russian: „Therapeutic Eurythmy – Movement Therapy for Children with Attention Deficit Hyperactivity Disorder (ADHD): A Pilot Study“. Authors: M. Majorek, T. Tüchelmann, P. Heusser.

Miscellaneous

In January 2008 a 5-day introductory seminar on eurythmy therapy for doctors will be held at WALA-R (Moscow), led by L. Shpak, T. Strizhak.

In summer 2007 the St. Georg School for Curative Pedagogy (Moscow) was officially accredited as a training institute by the Department for Education. The accredited curriculum includes among others eurythmy therapy. There is only one institute which got such a licence, but is an important precedent. Possibly this will be a way other curative educational institutions in this country could go as well.

In order to enable Russian experts to practice their profession - both in anthroposophic and in governmental institutions - it is still necessary to find ways and means to achieve the official recognition of the profession „eurythmy therapist“.

The Russian translation of the main work (GA 315) is ready for printing.

In October 2007 the number of active eurythmy therapists in Russia adds up to 12.

SOUTH AFRICA:

Christiane Wigand

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South Africa is 3 times bigger than Germany - with only half the number of inhabitants of Germany. Johannesburg lies 1400 km away from Cape Town, durban is 800 km away from Johannesburg. So the country is very big - and the eurythmy therapists are very far from one another: One working in Johannesburg at the Michael Mount Waldorf School, two in Cape Town at various different Waldorf Schools, one retired, but very young at heart, and two in Hermanus, 120 km east of Cape Town around Camphill and the Waldorfschool in Stellenbosch.

Cape Town has a eurythmy training, which fights for its existence - successfully! thanks to donours from Germany and Switzerland - and tries to receive accreditation from the government like the anthroposophic Teacher Training Center.

It is a big struggle for us to make it

financially, especially if one has own children (high schoolfees!). Over half the moneys of SA „sit“ in Jo'burg - the rest of the country shares the remaining... On the other hand there are only two different types of South Africans: the ones who live in the Cape Peninsula and the others who want to live there! The country, its natural beauty, is ever again stunning!

SPAIN:

Leonor Montes
(>leonor@affinet.net<)

In Spain there are 13 eurythmst, and 7 of them are eurythmy therapists, one is a doctor.

Katja Baumhauer - Teneriffa (does not work at the moment, maternity leave), Ysis Escobar - Lanzarote, Leonor Montes - Madrid, Olga de Jenaro - Madrid, Jose Maria Sánchez- Barcelona, Chema García - Biscaya, Brigitte Ley - Palma de Mallorca, Dr. Cristina Silva Montero de Castro - Barcelona.

The economic situation is very difficult, nobody is able to live on eurythmy therapy alone. Everybody works as a eurythmy teacher at school or gives private courses (lay courses).

Both the anthroposophic medicine and the corresponding therapies have to be paid by the patients themselves. Therefore the patients usually do not continue the therapy.

The doctors using anthroposophic medicine and having been trained in Germany, Switzerland etc. know the eurythmy therapy, but there are doctors as well who work with this medicine and know Weleda and Wala, but they do not know the therapies very well.

Currently there is a training for anthroposophic doctors in Madrid - I am responsible for the eurythmy therapy courses for the doctors.

In Spain the anthroposophic medicine is met with much interest, at least in some fields. The patients come for therapies if the doctors recommend them. Even in Waldorf Schools where there is no eurythmy therapy the children come for therapy if the doctors recommend it.

Fortunately it is a very effective therapy. The patients pass their positive experiences to others and thus we get new patients.

Cooperating with the doctors is not always easy. It is not always possible that they have eurythmy therapists next to them and can cooperate with them. In my case, however, it works quite well and I have been cooperating with doctors for several years now.

It is not common that practice and therapy are at the same place. Patients have to go to different places when they want to see the doctor or visit the therapist.

There is one project for anthroposophic

medicine with 50 beds for pediatrics, child birth and oncology near Madrid. This project is managed by a general practitioner, a paediatrist and by me.

After its realisation this project will give the anthroposophic medicine and the artistic therapies some momentum and will help to spread it.

There is a small group of eurythmy therapists who meet 4 or 5 times per year. In this group we work together with an other eurythmist from Portugal, Marije Grommers. She is the only one in Portugal.

In Spain we receive between 35 and 30 euros per session.

SWEDEN:

Jane Schwab
(>janehamptonschwab@yahoo.se<)

Sweden is 1574 km long from North to South and approx. 300 km broad on the average. This big area is only sparsely populated with 9 million inhabitants, i.e. 15 till 55 persons per square kilometer. Not even the capital Stockholm with its two million inhabitants is more densely populated than 266 persons per square kilometer. 1/6 of the country is situated above the polar circle. The coast line is 7,000 km long. There are 100,000 lakes in this country, and the lake Vänern is the biggest in Western Europe. Stockholm's archipelago consists of 24,000 islands. In June our coordinator Angelika Jaschke visited one of those islands together with the advisor group of the Forum.

In Sweden eurythmy therapy has existed for 55 years. Most of the eurythmy therapists work in Waldorf Schools and in curative education/social therapy. Some of them are employed as eurythmy therapists, others also give eurythmy lessons and other things. Some of them have private patients. Usually the patients have to pay for the treatment themselves. There is no health insurance company paying for that. There is one anthroposophic hospital, the Vidar Clinic, for all Scandinavian Countries. Only there the treatment costs for eurythmy therapy are paid for. The same is true for the new branch in Norrköping which has started recently. There are three therapy centers - two in Goeteborg and one in Stockholm.

The Association for Eurythmy Therapy which has existed for 13 years is only a representation of interests. Its main activity is the organisation of different courses. Last year a big event was a course on tone eurythmy with Gerhard Weber which lasted several days. Eurythmy therapists from Norway participated as well. Furthermore a course on eye eurythmy therapy with Erika Molin was held and the Doctors' Association LAOM organised a conference on

school eurythmy therapy together with eurythmy therapists and other therapists from the schools.

11 persons, some of them from Norway and Denmark, participate in the eurythmy therapy training.

Special events this year were:

1. in November and May two courses were held by Dr. Helmut Kiene and Dr. Gunver Kienle. On the basis of case studies presented by participants a documentation was started which will lead to a scientific publication. A report on eurythmy therapy will be included.
2. After some years of preparation the Swedish Association for Anthroposophic Medicine (SAM) will be founded in June.
3. In November the introductory courses in anthroposophic medicine 2007 - 2009 for doctors will start, led by Dr. Ursula Flatters and Dr. Michaela Gloeckler. The courses are internationally recognised by conventional medicine authorities.

SWITZERLAND:

Christine Weber-Stoll
(>heileurythmie@intergga.ch<)

In Switzerland the establishment of an „advanced professional examination“ (HFP) is of most importance.

This examination is meant to be taken after a basic training and some years of professional experience. It is not obligatory and does not replace a professional accreditation, but it is a governmentally regulated quality assurance.

There are two associations which want to develop an „advanced professional examination“ which could be considered by us. On the one hand it is the „Conference of Swiss Art Therapy Associations“ (KSKV), which is developing a HFP for art therapists, and on the other hand the association Xund (a consortium of different complementary therapies) which is developing a HFP for complementary therapists. Members of the KSKV are also the anthroposophic art therapy associations. This induced us to become a member, too. However, there are only a limited number of subgroups in the KSKV, and therefore our title would have been „Art Therapist Specialised in Dance and Movement“.

On June 16, 2007, we invited our members to participate in an information event and exchange their experiences. This led to the wish for an extraordinary general meeting and the taking of a decision.

The board of the Association seized this suggestion and convened an extraordinary general meeting with voting on September 15, 2007.

First the two Associations were presented during this general meeting. At the end participants could vote and the decision was taken to leave the KSKV and

join the Association Xund.

The Association Xund has already prepared the examinations and the equivalence procedure, and so we could start with the HFP already next year. However, the Federal Office suspended the process until the referendum „Yes for Complementary Medicine!“.

The whole process was not easy at all and the main question, if eurythmy therapy is an art therapy or not, led to some kind of polarisation.

Now we are looking forward to a constructive cooperation with all members and the cooperating doctors.

There are some organisations in Switzerland we are liaising with:

The Doctors' Association VAOAS (Association of Anthroposophically Oriented Doctors in Switzerland), the Patients' Association Anthrosana (Association for Anthroposophic Health Care), the consortium of all initiatives of AM SIAM (Swiss Initiative Anthroposophic Medicine).

THE CZECH REPUBLIC:

Johanna Boňková
(>jo.bo@seznam.cz<)

Currently there are 3 eurythmy therapists, 4 students of eurythmy therapy and 9 anthroposophically working doctors in the Czech Republic.

The cooperation is much influenced by the eurythmy therapy training in Prague at the moment.

4 eurythmists have had the wish for a long time to learn eurythmy therapy. Studying abroad was not possible out of private or financial reasons, and so we developed with much fun and huge efforts a nonrecurrent training course for eurythmy therapy in Prague. Since 2005 we have been working continually and with much concentration on this training which will presumably be finished in 2008.

As regards the contents this training is oriented at the curriculum for the eurythmy therapy training which has been valid since December 2005. In close cooperation with the Mandates Group and the Eurythmy Therapy Training Center in Dornach we developed a nonrecurring concept for our training situation. Thus the contents of the first two trimesters were taught in Prague, whereas the third trimester was absolved by the 4 students at the Eurythmy Therapy Training Center in Dornach.

Responsible for eurythmy therapy are Mrs. Brigida Stockmar (Hamburg, Germany) and Mrs. Hildegard Klima (Trier, Germany), and for the medicine part Mrs. Johanna Boňková (Prague). The training is actively supported by the local anthroposophically working doctors and the eurythmy therapists in the Czech Republic. This way a good and lasting cooperation between the future

therapists and the doctors has already come into existence.

At the moment the 4 students absolve their big work placement in the Czech Republic and abroad. Now it becomes obvious how needy the eurythmy therapy is in this countries, because from the beginning the students have such a lot of work! They give therapy in the anthroposophic group practice in Prague, in a psychiatric day clinic in the East of the country and in the Waldorf Schools and Kindergarten (among others in a Waldorf School for needy children).

The overall objective has been to provide some space and ground for this clear impulse of 4 eurythmists to sprout and grow. All the inner and outer circumstances are a clear sign that eurythmy therapy is very necessary in this country!

With much gratefulness we look back at the intense joint work, the striving for quality and transparency and the generous help of many people who have been closely connected with our work.

THE PHILIPPINES:

Grace Zozobrado
(>gracecurativeeurythmy@yahoo.com.ph<)

The Kolisko Conference in 2006 (which was back-to-back with the IPMT) brought such high spirits that encouraged the doctors who have been participating in the IPMT's to open an integrative clinic - the Raphael Clinic - in the Institute for Steiner's Ideas in Practice (ISIP). Currently offered there are anthroposophic medicine, eurythmy therapy, biography counseling, traditional chinese medicine, nutrition counseling, reiki and craniosacral therapy. We thus have 3 anthroposophic clinics now in Manila. One doctor practices in the province.

The IPMT has been a forum for continuing education for the medical and allied professionals. Out of it has arisen the art-biography training that is under the supervision of Marah Evans. The doctors strive to come together for group study and our last get-together was for the visit of Dr. Peter Gruenewald (U.K.) who shared with us his constitutional remedies and heart-spheres exercises. Currently, I am still the only therapeutic eurythmist in the country. Most of my work is in the Manila Waldorf School setting, trying to support the children who have various difficulties (behavioral and learning problems). My current challenge is teaching eurythmy to groups since I do not feel trained enough for this (I realize that I reach the limits of what to share rather early). Still, because there is no one else, I have found myself giving introductory courses at ISIP and for corporate groups. Faced with this situation, I felt the need to ask Ms. Anna Marie Ehrlich

if she would consider taking me in for the eurythmy therapy training (explaining that technically I am not qualified since I only did the first three years of the basic eurythmy training). She has kindly replied that I will know before Christmas if this is possible.

The work is fulfilling. It is also very tiring! Having no colleagues with whom I can share notes sometimes brings me to moments of deep questioning, sometimes to doubting if I am still really effective. Having no eurythmy room where one can work in silence is also a major problem. Still, I try to see my work in the context of the bigger struggle to spread holistic health and education in a third world country suffering from rampant graft and corruption. When I see how much needs to be done, I am happy to give my little share.

USA - CALIFORNIA:

Nancy McMahon
(>ncymcmahon@hotmail.com<)

In Fair Oaks there are 3 eurythmy therapists working. Fair Oaks is 20 km from Sacramento, the capital of California. It is also the center for anthroposophic activities on the West Coast with 5 recognised Waldorf Schools, 3 Charter or State Magnet Waldorf Methods Schools, a teacher training seminar, bio-dynamic agriculture, an accredited eurythmy training and a Christian Community.

USA - EAST COAST:

Susanne Zipperlen
(>zipster@earthlink.net<)

Dear Therapeutics Eurythmists, here is a short sharing of what has taken place in North America (to our knowledge) since the last newsletter. The Association for Therapeutic Eurythmy in North America (ATHENA) enjoyed seeing the membership growing this year to nearly 70 members including Waldorf Schools, physicians and friends! In the spring Seth Morrison and Anna Ree's Therapeutic Eurythmy Training in New York successfully graduated another set of eurythmy therapists since its beginning. To this event Angelika Jaschke came and visited the training, as well as meeting with eurythmy therapists on the East Coast, which was much appreciated! ATHENA held a eurythmy therapy conference at Kimberton Hills Camphill Village, Pennsylvania in April. The theme was „Imagination, Inspiration and Intuition“ led by Seth Morrison, Anna Ree and Dr. Peter Hinderberger. It was very inspiring to all who attended. ATHENA received another generous grant from Waldorf Educational Foundation of \$ 15,000 and the three

categories which are offered this year are: Educational Workshops for the eurythmy therapist and physician to work together to give a lecture demonstration to teachers, parents and the larger community; Matching Grant category gives the opportunity for the Waldorf School to start budgeting for getting a eurythmy therapist in a (hopefully in the soon future) full time position; AND the third but not the least.....the category to apply for Financial Travel Support to go to the International eurythmy World Eurythmy Therapy Conference 2008!!! ATHENA has also received another grant from Mid-State Gift Sharing Foundation which will be used for continuing our now extended and beautified newsletter. In July a National Medical Conference for therapists and physicians was held in Portland, Oregon and the next year it will take place in South Carolina. A new feature in our development to communicate to a larger community has been to start a web forum to which anyone can enter and ask questions, give announcements, share information. You can of course have look at the web forum yourself! Here is the internet address: athena-eurythmy.co.nr Sending you all warm greetings, Susanne Zipperlen, on behalf of ATHENA.

Training

International Training Group

Well prepared and led by the British colleagues a successful and intensive cooperation meeting was held in Dornach from November 16-18, 2007.

We continued working on the first draft of the international curriculum. Up till now it includes only the contents of teaching, and by describing the acquired skills it became much more tangible. The curriculum is the framework and its contents are a guideline how to emphasize the national curriculum of every training course.

We worked on fundamental questions to provide the opportunity for self-evaluation of every training and we established partnerships between the training centers.

Training of the trainers (lecturers) will be further developed basing on these experiences.

We had a presentation of the different accreditation procedures for eurythmy therapy in England, Switzerland (ipf), Sweden (Göran Krantz), Germany (Alanus University).

It was decided that from 2008 all training courses accredited by the Section will receive the Section's diploma. It will come together with a leaflet describing the core subjects of the training and it will be signed by Michaela Gloeckler (head of the Section) and the respective training center. Apart from legal questions we can be sure that no eurythmy therapist will be „lost“ in later years and they can be contacted concerning enquiries, duplicates, translations etc.

In addition to joint practical work on eurythmy therapy the doctors gave an introduction into the secret of the rhythms of the etheric body. (A.Ja.)

Mandates Group of the Training Group for New Initiatives

It is our concern to develop possibilities for a good training in those countries where anthroposophic medicine is quite unknown. Our main idea is that one part of the training, e.g. one trimester, should be spent in a recognised training center. Other questions are: How can we decide to recognise somebody as a trainer? How are the trainers trained? How could we prepare the training in a collaborative manner? Please contact us

Titia Jonkmans
([>tpjonkmans@wanadoo.nl<](mailto:tpjonkmans@wanadoo.nl)) or
Dr. Irene Peltzer
([>irene.peltzer@gmx.de<](mailto:irene.peltzer@gmx.de)).

Master of Arts at the Alanus University

(Eurythmy Therapy)
([>A.Weisskircher@t-online.de<](mailto:A.Weisskircher@t-online.de) und
>[renate.rothdach@freenet.de<](mailto:renate.rothdach@freenet.de))

The first master program in eurythmy therapy started at the Alanus University on September 17, 2007.

By restructuring the state-approved diploma study courses and developing the new bachelor and master programs it was possible to obtain the official recognition for eurythmy therapy as well (in the context of the so called Bologna process all universities are asked to make provisions to change to the anglo-saxon two level system by 2010 at last).

The Master in Eurythmy Therapy is one of four specializations of the Master of Arts in Eurythmy.

The 1-year master program is based



on the 4-year program for the Bachelor of Arts in Eurythmy. It is divided into 4 different specializations:

1. stage performance
2. educational eurythmy
3. culture eurythmy
4. eurythmy therapy.

The specialization for eurythmy therapy requires a 6-month internship accompanied by a mentor after the 1-year master program.

More information about the contents of the master program, the number of subjects and the examinations can be found in the module handbook. It can be downloaded (in German) at [www.alanus.edu/Studienrichtung Eurythmie/Master Eurythmie/Eurythmie-therapie](http://www.alanus.edu/Studienrichtung_Eurythmie/Master_Eurythmie/Eurythmie-therapie).

In special cases an applicant without university-entrance diploma or university degree can be admitted (see module handbook).

At present the master program for eurythmy therapy is offered as full time study.

There are plans to offer a part time master program for eurythmy therapists from September 2008 till September 2010 thus offering a chance to acquire the Master of Arts in Eurythmy Therapy by this supplementary training.

Areas of Practice

The First Seven-Year Cycle (Kindergarten):

Elke Neukirch
([>elke.neukirch@web.de<](mailto:elke.neukirch@web.de))

Main focus of eurythmy therapy and anthropological work is at present the threefold division of the stages of life within the first seven-year circle (methodical and didactical aspects).

The increasing problems of children in the first seven-year circle are a clear sign that they cannot properly incorporate into their bodies anymore and consequently their social integration is difficult, too. Devotion to the world, imitation and development of the will are no unity anymore and often intensive eurythmy therapy is required to bring the child closer to its own process of developing.

In spite of comprehensive studies, publications and information campaigns about the causes of those problems a healthy development of children seems to be hampered increasingly. On the contrary, the situation seems to escalate more and more.

The children's bodily health and general condition is deteriorating constantly - despite scientific progress. Every eurythmy therapist working with this age group is painfully aware of this situation and experiences that the children suffer a destiny overstraining the individual disposition for development by far. Consequently the eurythmy therapist has to see his/her work with the children in a much broader sense.

I am desperately looking for support in order to represent the eurythmy therapy in the first seven-year circle more effectively.

Curative Education and Social Therapy:

Carola Adam-Roettig
([>adamroettig@oleco.net<](mailto:adamroettig@oleco.net))

This year the third symposium on „Language Promotion through Speech - Tone - Movement“ was held again in the Albrecht Strohschein School in Oberursel near Frankfurt/M. Germany. This year there were participants from England, Austria and Switzerland. This conference was the third and the last on the topic language promotion and included the therapeutical process. The working groups dealt with documentation, mentoring and the revision of the occupational image. A detailed re-

port will be published in the newsletter Christmas 2007 and can also be found on the website of the Association. Because of the World Eurythmy Therapy Conference 2008 the next conference will only be organised in 2009. This „sabbatical year“ will give the organisers the opportunity to include participants' ideas and suggestions and realise them in the next conference.

The situation regarding the working conditions has not changed. The economic situation of social institutions is still very tight and they try increasingly to outsource the therapists and then various therapy departments should „lease“ them again. They want the therapists to become self-employed and do not want to integrate them into the social organism of an institution. We have to wait and see what the consequences will be for the institutions.

Schools:

Sebastian Junghans
([>sebastianjunghans@gmx.de<](mailto:sebastianjunghans@gmx.de))

The third survey about the situation of the therapeutical area at Waldorf Schools can be found in the „Pedagogical-Medical Conference“ and the German newsletter of the Association 2007. Due to many initiatives educational eurythmy therapy is a very important area of practice. However, it is clearly decreasing. As much as people discuss prevention again in the public, we should promote these discussions in our institutions as well. Otherwise we would not realise our main objectives within this field of prevention therapy in our institutions anymore and we could fall behind. Many other public organisations (e.g. the WHO) have already been busy realising the idea of salutogenesis and prevention (see e.g. F. Nansen School in Hannover). Substantial further discussion is needed!

Educational eurythmy therapy had been represented at the big Teacher-Parent-Student-Conference in Greifswald (Germany) by 4 eurythmy therapists. The main question had been how to deal with so called difficult children in very big classes. Giving small lectures and practicing hygienic and eurythmic therapeutical exercises we tried to find methods of solution, give the anthropological background and focus on R. Steiner's healing impulse.

From December 3 - 7, 2007 educational eurythmy therapy was a topic again in a block seminar at the Alanus University, Bonn, Germany.

The course „Diagnosis“ at the Teacher Training Center in Stuttgart, Germany, will be held from March 3 till April 2, 2008 and from June 23 - 26, 2008. Participants of this course should learn which pedagogical therapeutical measures will lead towards promoting the students' health according to R. Steiner. This has been an attempt for over ten years now to convey the idea of prevention and the possible support through eurythmy therapy to the future teachers.

Erika Leiste (>erika.leiste@web.de<) Third national intensive course for educational eurythmy therapy at Meløy, Norway, from July 7 till August 13, 2007: „Developing Processes and their Reversion within the Human Being“

The seventh lecture of the Eurythmy Therapy Course shows a big arch from the spheres of origin of the human being and where he/she could get after developing in an appropriate way. Text study together with Anna Seydel and eurythmy therapeutical movements together with Gertrud Mau helped to experience this cosmic pulse.

We also studied the turnaround point - you confront the achievements: teeth eurythmy therapy with Mareike Kaiser and with Erika Leiste we studied the lecture „Overcoming Nervousness“. The day was rounded off by artistic work with Burgi Eckert.

The island of Meløy far north was the ideal place for such a work with its bright eurythmy hall which looked over the crystal clear sea and on the other side at the big glacier Svartisen.

Private Practice:

Germany:

Marlene Purucker

(>MarlenePurucker@web.de<)

The recent revision of the contracts for integrated care (IV) between the German Association and a big health insurance company (IKK Hamburg) and some smaller insurance companies has improved the working conditions of the eurythmy therapists working in private practice. The fussy negotiations about prices and duration have been replaced by a generous valuation on the part of the insurance companies.

The integrated care contracts are a good basis to work financially secured in private practice.

Futhermore the big insurance companies have obviously become more receptive to eurythmy therapy after

rejecting any funding of eurythmy therapy over the last years. Things are in a state of flux and the working conditions have improved.

However, the doctors seem to miss this positive development, although it pertains to their profession, too. Prescribing eurythmy therapy has been facilitated, but obviously word has to get around first. A big issue for eurythmy therapists in private practice is the little number of prescriptions and that means: not enough patients! Similar to doctors who increase their knowledge depending on the number of patients, the eurythmy therapists, too, need many patients with different disease patterns in order to improve their skills. In addition to that the problem arises that a bigger practice cannot be run at one's home and the eurythmy thera-

pist has to rent facilities. Unfortunately there is only a small number of eurythmy therapists making a living on their private practice. Most of them have to look for a second or third income. One feel like calling out to the doctors: Take courage and put more confidence in the unique therapeutical power of eurythmy therapy and prescribe it every day and as often as you can!

Switzerland:

Susanne Ellenberger

(>s.ellenberger@therapeutikum-bern.ch<)

A social competence/intervention course was held for eurythmy therapists with Mr. Di Ronco in Bern, Switzerland, on three Saturdays.

Areas of Work

Documentation:

Switzerland:

Anja Meierhans/Frau Dr. Keller Roth, Basel, CH, (> anjam@freesurf.ch<)

We can report the following about our documentation activities:

In January 2007 a course on the topic „Documentation in the Eurythmy Therapy Practice“ could be held within the regional further training for eurythmy therapy in Dornach/Basel.

In June 2007 an intensive course on the above mentioned topic was held within the eurythmy therapy training in Dornach/Basel. Responsible: Mrs. Dr. Keller Roth and A. Meierhans.

It was a small but very creative and committed group of participants. The working atmosphere was very intense and relaxed. The cognitive efforts required by documentation activities are obviously getting more and more appreciated.

Outlook: The new version of the eurythmy therapy documentation template will presumably be available at the World Eurythmy Therapy Conference 2008, including a strands of direction for documentation activities.

Germany:

Klinik Havelhöhe, Elisabeth Rieger

(>erieger@havelhoehe.de<)

„Documentation of therapies“ has been taken up as a project in context with the hospitals. The objective is to present the areas of anthropology in a way, that an attending doctor can see this part in the medical report and also an other specialised therapist. Ideally this could form a basis for research issues and evaluations.

Sweden:

Jane Schwab

(>janehampton schwab@yahoo.se<)

In November 2006 and in May 2007 Dr. Helmut Kiene and Dr. Gunver Kienle held two courses. Based on two single case reports an evaluation process was started which will lead to a scientific publication. A eurythmy therapy report will be included.

With the help of Dr. Helmut Kiene we are working further on the single case report which illustrates how eurythmy therapy functions. The reader can follow in detail, week by week:

1. The gradual improvement of the patient's clinical condition
2. The corresponding development in the patient's movements.
3. The corresponding development in

the patient's personal and social well-being.

We will try to publish it in a scientific paper which is accessible on Medline. If we succeed, it will be presented as an integral part of Anthroposophic medicine using the evaluation methods of Cognition-based medicine. The case will be presented in three parts:

1. A short introduction into anthroposophic medicine
2. A scientific justification for this medical treatment citing from AMOS a cohort of patients with a similar diagnosis which were treated with eurythmy therapy
3. The case report itself.

We hope that the publication will be a model and help for eurythmy and other therapists.

Eye Eurythmy Therapy

Rosemarie Kampe

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Most of all I am concerned that it should be kept in mind that in regard of any further development of eye eurythmy therapy all further training courses held by colleagues should only be done in cooperation with an anthroposophic doctor (if it is not an ophthalmologist than at least a general practitioner).

During my cooperative work with Dr. Hammer, Loerrach, Germany, over seven years now this aspect has become a particular concern of mine. It is very important that those doctors have acquired basic knowledge through special courses.

The eye as a sense organ influences the human constitution, e.g. ametropia is a sign of oneness. Thus eye eurythmy therapy is a means for harmonising the personality. Eye eurythmy therapy is a care for the special and very important sense organ for the path of life. The anthropological background of eye eurythmy therapy goes back to the fundamentals of Mrs. Ilse Knauer's (M.D.) work.

Margret Thiersch

(>thorwald.thiersch@goetheanum<)

The eye eurythmy therapy is supported by the work of different eurythmy therapists and doctors. There is research on the questions how the eye acts together with the whole organism and vice versa how the world forces are breathed in by seeing (as all the activities of sense organs) and build up the whole human being.

A small group, 2 ophthalmologists from the Lake Constance and 3 eurythmy therapists work together and do some research. They meet twice a year. The latest results from ophthalmic research, e.g. the blood supply of the eye, are presented by the doctors. We practice together eurythmy therapy and observe its effects.

Twice a year there are eye eurythmy therapy courses at the Goetheanum. One is dealing with dysfunctions of the eye which appear already at an early age. The other course deals with illnesses of the eyes. Also screenhandling is treated prophylactically by eurythmy therapy.

On weekends these exercises are continued in several cities, e.g. Hamburg, Munic, Ueberlingen (Germany). There are also courses in North America and Tiflis, Georgia.

We do not have any qualification for eye eurythmy therapists yet. Already beginners can work very effectively in this field. The very subtle movements affecting the eyes immediately should be practiced continually.

Eye eurythmy therapy is based on the conjunction between the eye and the whole human being. A lecture on „The Effectiveness of Eye Eurythmy Therapy“, published in „Der Merkurstab“, vol. 2, March/April 2007, tries to show that by presenting several examples. This could foster understanding and the cooperation between the eurythmy therapist, not only with the ophthalmologists but also with the general practitioners.

All the doctors are welcome in the eye eurythmy therapy courses.

The next course about illnesses of the eyes will be held at the Goetheanum from January 4 - 12, 2008.

