



Goetheanum
School of Spiritual Science
Medical Section

International Coordination
Anthroposophic Medicine/IKAM
Eurythmy Therapy Department: Angelika Jaschke

International Eurythmy Therapy Forum Newsletter No 9, December 2011

Leading Thought

"The healthy social life is found, when in the mirror of each human soul the whole community finds its reflection, and when in the community the virtue of each one is living." The Motto of Social Ethic by Rudolf Steiner

Out of the strength of these words we actively build the substance of our International Eurythmy Therapy Forum. A social organ which only exists through our common goal and combined efforts.



IMPRINT

The Newsletter is produced by the Eurythmy Therapy Forum of the Medical Section at the Goetheanum.

Individuals are responsible for their contributions! Views expressed are not always those of the publishers.

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EDITORIAL

Dear Colleagues, dear Doctors,
dear Eurythmy Therapy Friends around the world,

For ten years we have been building up the international work of the various areas of eurythmy therapy within the Medical Section.

To mark this occasion I would like to thank some of the people who work unnoticed in the background and also to add a few short reports, interviews and other items to the Newsletter which now contains over 30 international reports!

There were four major events this year, all involving a lot of preparation from many people:

The World Eurythmy Conference at Easter 2011 presented the four main areas of eurythmy in a lively dialogue and sharing.

The international trademark **AnthroMed** has been registered as a seal of quality for anthroposophic medicine. It already covers our clinics, eurythmy therapy and recently the pharmacists.

The international associations for eurythmy therapy and arts therapies have joined together in a politically and legally recognised association called **IFAET** (International Federation of Anthroposophic Arts and Eurythmy Therapies).

The joint approval (**IKAM-Accreditation**) of the sections' training in eurythmy therapy, care, rhythmical massage, physiotherapy, arts therapies and curative education is being taken up increasingly by the training centres and is seen as a positive new development.

From the Medical Section

www.medsektion-goetheanum.org



New publication: „Developing the Future - 100 Years of Eurythmy“ - a brochure as a review of the international professional conference for eurythmy: Stage art, education, social domain, therapy. Dornach, April 25 – 29, 20011.

Apart from the keynote speeches (recorded and edited by the speakers) and explanations for the demonstrations, it contains reviews of the conference. Additionally it contains descriptions of the 27 research papers and contact details as well as an overview of finances and a summary of the feedback forms.

Editor and publisher: Angelika Jaschke, department Eurythmy Therapy in the Medical Section. 88 pages. Delivery costs 5 EUR, plus shipping costs 2 EUR.

The brochure can be ordered at the Medical Section. ajaschke@forumHE-medsektion.net
Tel: +49 (0)2302 - 941203

Download of topics and descriptions of course leaders, reports of participants about the morning groups and the afternoon courses (continued in-depth studies):

Forum Eurythmy Therapy:
<http://www.forumhe-medsektion.net/de/node/31>
Section for the Art of Eurythmy, Speech, Drama and Music:
www.goetheanum.org/4576.html

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EU-Commissioner Dalli Receives Petition Calling for Initiatives of Applied Anthroposophy



Dear friends of ELIANT

13 May 2011 was the day - the representatives of the ELIANT Alliance were able to hand over the more than one million European signatures to the EU Commission in Brussels and present a memorandum setting out the key concerns of the Alliance.

The memorandum, additional photos of the presentation as well as more detailed reports can be found on our website: www.eliant.eu.

Our warmest thanks to all of you who helped us in the more than three years of intensive work to collect the signatures so that the million could be reached.

We would be pleased to keep you informed on an occasional basis as to how the work of the Alliance in Brussels is progressing. Anyone who does not wish to receive such information please let us know.

With all good wishes and warm greetings

For the ELIANT Alliance
Dr. rer. Nat. Andreas Biesantz, Dr. jur. Jürgen Erdmenger,
Dr. med. Michaela Gloeckler, Heike Sommer

From the Medical Section

www.medsektion-goetheanum.org

Review of the Annual Conference

(14th to 18th September 2010)

It took over three years to prepare this special event which celebrated 150 years of the Anthroposophic Medical Movement and the expectations of more than 750 participants was met in full. Positive feedback has confirmed this.

The small discussion groups which took place in every corner of the Goetheanum were especially appreciated. They took up the question of the 'inner path for the individual and for the community'.

Every day Michaela Gloeckler lead us through her subtle introduction to a new question which we then took to

our respective groups. The questions included:

1. ...to accept each person for what they are and from this, to bring out the best in them. R. Steiner GA 168
2. ..."God, give me the strength to accept the things I cannot change, the courage to change the things I can and the wisdom to differentiate between them." R. Niebuhr, 1943
3. How can we clarify our relationship to the 'healing spirit', make it concrete for ourselves and for others?

It was a great opportunity and a celebration of inner wakefulness and dynamic movement where all participants felt responsible for the whole. This gives strength for our future work!

Annual Conference (Looking ahead)

(13th to 16th September 2011)

At the next interdisciplinary annual conference we will again choose a common theme to work with and deepen the question: How can anthroposophic therapies help in cases of psychiatric illness?

Titia Pauline Jonkmans 10.04.1940 - 09.11.2011

Titia was born on the island of Sulawesi in Indonesia.

When war broke out with Japan her father was taken prisoner and she had to go with her mother to a military camp. The conditions in the camp were so terrible that even as a small child she had a near death experience.

In 1946 the family managed to board a ship to Holland. But her father was soon called back to the marine section in Indonesia. Titia had a happy childhood in Indonesia until the age of twelve when she was sent to school in Holland as a boarder in a family where she was not happy and felt misunderstood. Consequently she became withdrawn. Her mother was English teacher at the Waldorf School where Titia had her first encounter with anthroposophy and eurythmy.

At the age of 19 she went to study eurythmy in Den Haag with Elisabeth Knottenbelt, Nora von Baditz and Trudi Harman. She went on to study six months eurythmy therapy with Else Sittel and later took the eye eurythmy therapy course with Daniela Armstrong. This became a special area for her. In Germany she studied rhythmical mas-

sage and physiotherapy. Titia completed her eurythmy training with a year in England and worked at the Ita Wegman Clinic, in Bern and at the Zeylman Clinic with social therapy in Holland.



She taught the basic exercises at the eurythmy therapy training in England and looked after the eurythmy therapy training in Brazil together with Gertrud Mau.

She gave courses in almost every training centre in the world and during the last five years she has travelled extensively, helping and teaching wherever she was needed.

She was especially interested in the work in South Africa, Australia and Bra-

zil but was also active throughout Europe. Hundreds of eurythmy therapists have benefited from her dedicated and exact approach to the exercises and her care for individual colleagues and their questions.

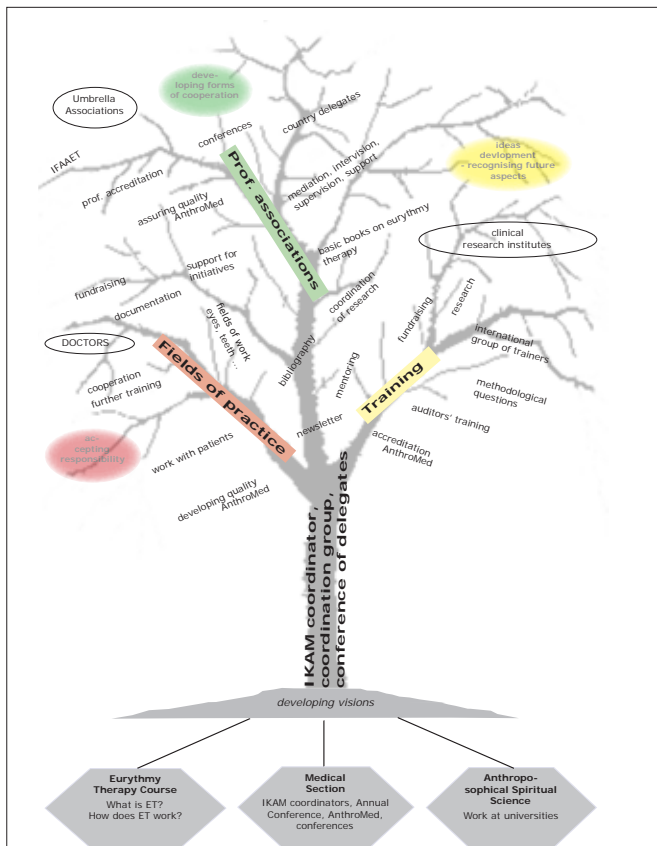
During the last phase of her illness her room was always filled with flowers and cards of gratitude from students and colleagues from all over the world.

When I asked her what she would wish for eurythmy therapy in the future she answered:

1. The methodical understanding of the basic exercises must be mastered by every eurythmy therapist, even in the training. There is still so much given but not fully understood which makes it unnecessary to try to 'invent' new things. First master the old!
2. The study of anthroposophy is an integral part of eurythmy therapy.
3. Eurythmy therapy as an effective medical treatment is lost unless a clear distinction and separation is made to other forms of eurythmy, e. g. hygienic eurythmy. They are not the same.

*Angelika Jaschke and Gertrud Mau
September 2011*

Eurythmy Therapy within the Medical Section



10 years International Eurythmy Therapy Forum

Out of the Medical Section Perspectives Conference in 2000 the International Coordination Group IKAM was founded and now after ten years work together for eurythmy therapy, we can look back.

Numerous branches have grown from this 'tree' and it is clear that eurythmy therapy has many facets as a profession. IKAM has really flourished, making communication between the various groups within the medical section possible. It has also helped our relationships with the other sections of the School of Spiritual Science at the Goetheanum.

The fundamental structure of the Eurythmy Therapy Forum is built on threefold principles and carries an inner motto: Meeting - Trust - Responsibility.

Polarities in the Etheric: Ten years Eurythmy Therapy Network

For many years we have been meeting together as eurythmy therapists in Munich/Germany in order to practice and exchange ideas. It has always been joyful work without egoism or personal ambition.

I am asked to give pedagogical eurythmy courses all over the world: Odesa, Melbourne, Adelaide, Rio, Sao Paulo. A wonderful experience to meet colleagues who are working with the same thing but in very different surroundings and conditions, e.g. Suzanne in Melbourne gives eurythmy therapy to those affected by the smoke of the terrible bush fires or to the sound of a bell bird at the top of a tree. Also with Juliette in Sao Paulo where it is

really hot I experience her work with dark skinned children from the slums. I often have the feeling in these regions that anthroposophy is living with far more intensity than in our stable reflective European world.

Angelika Jaschke has a remarkable gift. She is beyond her times and seems to know what will be needed in the future. She soon outgrew her position with the BVHE (Eurythmy Therapy Association Germany) and has managed to weave a living network between colleagues all over the world.

Ten years later the network includes over 1400 eurythmy therapists from around 38 countries worldwide! All may feel included and protected under her wing!

Such a network needs care and structure and this has certainly been given

by Angelika. As has been seen at the World Eurythmy Conferences and international country delegates meetings recently. Both sides of the etheric are shown here: The inner and the outer. Colleagues bring news and questions from their own country and go home nourished with new ideas and experience. This wonderful flow and meeting could be expressed with the gesture: 'Love A' (Liebe E) which only comes to expression when we are fully conscious.

What a 'health spring' you have built!

Dear Angelika, we thank you for this fruitful worldwide impulse!

*Erika Leiste,
Munich/Germany*

Interview with Dr. Michaela Glöckler, head of the Medical Section



What brought you to the Perspective Conference (Perspektivkonferenz) in 2000?

It was the wish to meet with the 30 or 40 colleagues who were in a responsible position within the anthroposophic medical movement and to explore where we want to be by the end of the first decade of the new century. Out of this, amongst other things came the concrete tasks/remit for the coordinator of the medical movement and the idea for the Eurythmy Therapy Forum.

What has changed from your perspective as section leader with regard to eurythmy therapy and the professional associations over the past ten years?

I have observed the great strength that has grown with international relationships, and lively consultation amongst colleagues. There are still some areas that need attention but this would be for another meeting and conversation, hopefully at the conference of delegates.

What are the dangers facing eurythmy therapy as an anthroposophic medical therapy?

I always sense danger when any form of guru worship or group egotistical striving is apparent. On the other hand it pleases me to see individual initiative being taken when a healthy dialogue and sharing is evident. It is important to have good working practice and agreed standards which all association members keep to and support.

Why does eurythmy therapy seem to have such a hard time establishing itself and being accepted in the world?

Because eurythmy therapy has still not found its true 'power' potential. Eurythmy is still not an everyday word. Just as every year we find eurythmy groups

presenting a fairy story program for children as a matter of course we need to see eurythmy far more integrated in state education and just as we see Tai Chi courses for beginners being advertised at the railway station kiosk so we need to see eurythmy courses for beginners too, not to mention 'eurythmy therapy' for beginners!

What expectations, hopes and impulses do you have for eurythmy therapy in the next ten years? With the International Forum work and eurythmy colleagues around the world?

I would be happy to see a real working together and dialogue between eurythmy therapy and other anthroposophic therapies. More documentation and research showing the efficacy of the work. Also perhaps a study showing the connection between eurythmy therapy to hygienic/social eurythmy.

This interview was lead by Angelika Jaschke on June 2, 2011

Interview with Angelika Jaschke, international coordination Eurythmy Therapy in the Medical Section



When you look back on your work over the past ten years, how do you view it?

The International Eurythmy Therapy Forum has grown through a common awareness and this is extremely valuable for me.

So far we have managed to function at the level of the Medical Section without giving up good democratic working practice or becoming a sort of 'umbrella group'. I find this tremendous and am very grateful and happy for it. Not that it is easy to maintain because it all depends on the commitment of each individual. This calls upon my constant awareness to keep this unusual form of commitment and community building in view.

As coordinator I have not looked for any sort of abstract projects which I wanted to pursue but have dealt with practical reality arising out of the needs presented to me through IKAM and my meetings with eurythmy therapy colleagues worldwide.

During the first three to four years I often asked myself: "What are you actually doing? You slave away but nothing happens." But after about four years I realized that something is happening and developing!

I naturally brought lots of new initiatives out of my vision and ideals hoping to improve things and many were ta-

ken up and developed. I think I am a pragmatic idealist at heart!

Gradually new 'forms' arose such as the agreed common curriculum for the training centres and the new accreditation process. The professional associations are working together now. Things have become more streamlined and there is a united vision and sense of direction.

The necessary link to the Arts Therapies Associations has been forged, along with the new communication network within the various Fields of Practice. Gradually a healthy sharing of ideas and experience has developed. Often I simply give a few indications or suggestions which colleagues then take up and develop further creating new initiatives which they have made their own. I am always happy when this occurs and when colleagues are inspired to work independently. This is how it should be.

How can we really understand and know what you do?

It is difficult to list everything here because my work is so varied. I can only describe the basic inner form of my work to you. It has two main pillars: Firstly I need to have an open mind and a listening 'ear'. I try really hard to 'listen' to the other and to understand what comes to me as an inner feeling. Real interest and concern are important.

The second is to look for a real meeting and conversation where ever I go. Even if it is difficult or controversial. This is vital to my work although it is often tiring. Without it nothing would be achieved.

Basically I feel myself to be 100% there for my colleagues and for the Medical Section. I want to serve to the best of my ability. I want to help eurythmy therapy and the whole anthroposophical medical movement which is only possible out of a wide overview and no personal ambition on my part.

For me, the work as coordinator presents a great challenge and the daily work with the subsidiary exercises is essential: Tolerance, understanding, positivity, trust, holding back judgement, critical faculty, being open for the new, not being bound up with the old, inner mobility, and for me the most difficult - calmness!

During the course of the years I have also realized how important it is that we stand for and present our profession Eurythmy Therapy, out of a real inner commitment. Out of ourselves and what we are. This is why I travel so much because it is only when I meet colleagues working out of their own enthusiasm and initiative that the whole thing becomes real for me. Otherwise it would all remain abstract in my consciousness.

What do you hope for in the future?

The Eurythmy Therapy Forum has become so complex lately and it is clear that one person can no longer embrace all the tasks.

The picture of a 'tree' that I brought (to the delegates' meeting) shows how many-sided the work has become. The pioneer phase is over now and a new era beginning.

I have discussed this with my advisory committee which will take on the form of an 'activity group' next year. Many of the tasks I currently carry will be delegated to individuals who will carry partial responsibility for specific areas. I will remain closely connected with them all however. I don't want to sit in

IKAM and not know what is happening! That would not be good.

The great challenge now is to find the right people to carry this new responsibility out of their own initiative and ability without the whole being weakened! It will be a trial period at first to see if it works.

Do you have other wishes you want to share with us?

Yes. I hope that more and more colleagues will feel that they 'belong' and are part of what we are doing. After all we all have our diplomas from the Medical Section and we are all working out of the same common impulse and vision. We should not feel that Dornach is somewhere far away in the distance but that it is relevant for everyone. It is not an exclusive club but something open to us all.

I hope people don't think: "What is Angelika doing there in Dornach.."? I always try to listen to the needs of my colleagues and to what the world is asking of us. Now and in the future.

In any pioneer phase the work is always creative and changing. In a way I need to be a sort of travelling 'artist'. The Section work is always open for all. There is no closed circle for the initiated!

There must however be activists. People who are prepared to take initiative and not just follow. We need enthusiasm for eurythmy and its further development. Nothing will happen on its own, we must want it!

Also, very important for me is the care and protection of eurythmy therapy. It needs our constant attention because there are many situations today where one has to ask the question: "Is that really eurythmy therapy"? We must care for it and try to keep it pure and true.

I think the content helps maintain the form if one looks for it.

Social forms can take on many guises: Democratic, republican or hierarchical. It depends which level of threefoldness one is at. The Form should not dominate the content in a rigid over-regulated way. There needs however to be enough form, transparency and structures which have been agreed to. Communication and openness are essential. We need to know and be able to voice: "This is eurythmy therapy and that is not". We need to be clear.

I see it as a challenge for the future that we learn not to be afraid to let go of old forms but work towards a situ-

ation where the form serves the content. This asks that we deepen the inner substance of what we have without losing the protective element of the form or supporting structure. Both are needed but we are still beginners here. More consciousness and inner activity is needed so that the inner and the outer are connected and in balance. This is the central question for us at the moment.

Finally it would be nice to hear your ideas about four short statements:

What will come...

1. **AnthroMed**, our Mark of Quality for the Section. We have brought it to the international table. Now it needs to be taken up and used. The word needs to be spread! And hopefully not only in 100 years time! It is there now to help eurythmy therapy and eurythmy therapists survive worldwide.

2. The federation IFAAET which already exists between the arts therapies and eurythmy therapy associations in many countries has the potential to grow and embrace new areas. It is our task to avoid coming up against the same old problems and karmic difficulties which have separated us all in the past but to see that there are new ways of moving forwards together. Only then will the presence of eurythmy therapy be strengthened in the world.

What unites...

Firstly, our Newsletter where everyone can have a say and feel part of a worldwide movement. A co-worker in the whole. Through this, transparency arises. This trust and transparency is always at the heart of the meeting of delegates

Our website is also important (even though it is not used enough!).

The aim to become financially independent is a prime objective so that our running costs (translation, travel, publicity etc.) are carried by our own efforts enabling us to become a strong community in the ideal, social and economic spheres.

What stays...

The International Forum is now so firmly established around the world that it will not go under! Contacts are strong and we know we can depend on each other. From this, trust is growing amongst us all. This creates a firm foundation for our work, and it can only grow.

What touches...

Through adopting the Threefold Social Order in our International Forum we need to become increasingly conscious even down to the smallest detail. We all need to feel responsible as representatives for the whole.

When I see this I am moved because I know there is a future that we all belong to.

*This interview was lead
by Regina Delattre on June 19, 2011*

REPORT OF THE INTERNATIONAL CONFERENCE OF DELEGATES

Some impressions

My first impression was of the beautiful pink rose in the middle of the gently rippling grass lawn....

Titia was there!

Angelika spoke about Titia's last days: Full of courage and her practical common sense still intact! The three Halleluiahs that we did were the 'flower' we gave her!

Together we entered into the eurythmy meditations: IAO – TAO – SM-HM – I think speech.

There followed a lively sharing as the country delegates gave their presentations forming a picture of the profession worldwide. Three examples:

Italy: Sun, warmth, movement! Don't organize - improvise!

Thailand: sweet - sour bitter - sharp - everything in chaos - contrasts.

Russia: Huge country - 'We seek one another'...

Angelika reported: **AnthroMed**. We are a world movement – we are visible! The eurythmy therapy associations from Germany, Austria, Hungary, The Netherlands, Switzerland and (soon) USA have all joined. The pharmacists' association have also taken the step.

Training leaders' conference: Frau Dr. Keller-Roth:

The training centres with all their different qualities have made efforts to meet together, streamline their work and establishing common standards. During the past 7 years legal structures, a common outline curriculum and a formalized recognition process have all been developed.



The 'name' (Forum Network) needs changing.
Suggestions:

a.) "International Eurythmy Therapy Forum – in The Medical Section"
This should be translated into the various languages as sub heading to the word Eurythmy Therapy.

b.) "Worldwide representation of eurythmy therapy within the Medical Section"

Advisory committee:

A group transformation is happening! The volume of work carried by the coordinator has grown out of all proportion so some tasks have been delegated and mandated out. A new coordination group is being established. Already in full force is the coordination of the professional associations.

Monika Eichele has taken this on together with eight Eurythmy Therapy Associations and the statutes have been drawn up for the founding of the 'International Federation of Anthroposophic Arts Therapies and Eurythmy Therapy' - IFAAET.

Monika Margesin will continue to liaise with the country delegates concerning goals, concerns, questions, current issues and general news for the Newsletter. This will help keep us all informed so that we can support each other.

Angelika is deeply grateful for the exemplary way in which the finances have been dealt with. Amongst eurythmy therapists the freely given contribution as a sign of solidarity has been a success although the goal of self sufficiency has not yet been reached. Trust has grown and the will to create a firm basis for our work is strong.

Before the lunch break we broke up into small groups to look at the current situation in each country and the role of the delegate. What has the work of the delegate changed/initiated in each country?

After lunch we looked at future plans and things we would like to initiate. This was then shared in the big plenum.

Mareike Kaiser has taken on coordination of the various 'fields of practice'. She is able to meet with colleagues through the many teeth eurythmy courses that she gives and she hopes to be able to form links in order to deepen questions living amongst us.

**All real living
is encountering.**

(Martin Buber)

Anja Meierhans lead the conversation regarding documentation and many questions arose: Who is the report meant for? The patient? Doctor? Eurythmy therapist? How is a standard report structured? How do I put my observations into words? How do I arrive at a 'picture'? There were many other questions and all in all a lively, intense sharing was experienced by all participants.

Looking back on the day the flow of conversation, warmth and heart forces were noted. For Angelika this circle is the heart of the community and trust is growing all the time. Something is also beginning to resonate.

Heartfelt thanks to Angelika who we hope will remain at the helm for a while yet!

A poem by the 30 year old Friedrich Holderlin was read for Titia and the day ended with the song 'Lied der Gralsritter' (song of the Knights of the Grail').

Monika Margesin

Report of the Conference of Delegates: Meeting Tuesday 13 September 2011

Theme: The role of Documentation in Eurythmy Therapy.

At the Delegates' Meeting colleagues from all over the world meet together and this year there was a sharing of knowledge and experience in regard to documentation for eurythmy therapy. To this effect we split into pairs and short interviews were conducted. The results of this were written down afterwards.

We soon realized what a wide, complex spectrum we were confronted with in understanding documentation!

I will try to summarize the thoughts arising out of the interviews:

The communication which arises out of e. g. a treatment report must not be undervalued for it is many-sided and complex. It contains a written form of information sharing and within this activity an interaction with the patient and with the person who will receive the report takes place. The writing down holds firm what before was in movement. It holds the 'idea' in words and pictures. In a way it embodies it.

The basic elements of documentation and the areas of competence associated with it could be described as follows:

Formal basics (competence of methodology)

- Style and structure of a report, e. g. treatment reports, case studies, research reports etc. (classification, recipients address noted)
- Elements like reason and targets, process, results and evaluation etc must be included. Content must display expertise in area of practice

Aspects of content (professional competence)

- Knowledge and familiarity with the particular terminology. Picture forming and formulating.
- Express the essential
- Be aware of recipient
- Ability to interpret well. Clear division between facts, opinions and interpretations. Logical arguments. Professional identity (self-confidence, social ability)

Professional identity (self-management and social competence)

- Self-reflection and knowledge of eurythmy therapy practice and observation skills
- Observation skills: The ability to distinguish between personal impressions and those of others. To

be able to focus ones power of observation etc

I would like to thank everyone who took part in this challenging work within a long day of meeting. Have fun reading!

Short interviews in pairs:

Do you carry out documentation?

- I carry it out in curative education.

Is documentation important for you?

- This activity gives me the impulse to formulate particular things. It helps me remember when I look back and review.

Who are the reports for?

- It is our duty to make reports and it is important for outsiders..

Do you always manage to write a report?

- I always manage to fulfill this duty.

Are your reports read?

- Yes, other therapists or those who might take over from me read them. Also the organization I work for might need them.

Do you report on your own experiences/results with eurythmy therapy and treatment of illnesses?

- Yes. I write reports on all my patients. Treatment plans, therapeutic aims arising from the doctors referral, therapeutic process and end report, results and evaluation.

Do you consider it necessary to make written reports in the sense that they may be useful for other therapists in the future or as an additional exchange of information?

- This is something I have not really considered but I think it's a good idea and I will think about how to implement it as I work in a clinic where other therapists work. So far my reports are only for the doctors and belong in the patients' file. We eurythmy therapists could learn a lot from each other if we exchanged our different experiences in treatment and practice. This would have to be without the identity of the patient appearing of course. Anonymous case studies.

Would you like it if you had access to such areas of experience?

- Yes! In the clinic we eurythmy therapists carry out documentation according to definite guidelines and criteria. This is part of my Masters Degree theses.

In your degree program at Alanus do you have lessons on documentation?

- Yes, there are lessons. We learn about documentation and receive literature associated with it. Especially in the Masters Degree.

Do you take specific therapeutic processes and practice documenting the results together?

- Yes, in the masters course we do this mostly with case studies and evaluation work. Also training in observation and to discern what to document, how to formulate, to put pictures into words. Terms that are understandable for non-anthroposophists are important. Further more we learn to distinguish between the essential and the non essential and to formulate this in a way that is easy to understand.

Have you already written reports?

- Yes I have five main points:
 - Constitution, condition,
 - Therapeutic aims
 - Exercises,
 - Progress and therapy process,
 - Recommendations.

What from your observation do you document?

- Everything that I can write regarding the 12 senses.

How do you write about what you see in the soul spiritual of the patient?

- I try to hold within me what I see and document how it effects the patients physiology. I try to make it concrete, e.g. breathing, warmth etc.

Note: You can download all interview questions from all participants at: www.forumHE-medsektion.net/en/node/36

Anja Meierhans

Review of the Advisory Committee (Beraterkreis) 2006 - 2011

Compiled by Monika Margesin

The Advisory Committee was an international group made up of six practicing eurythmy therapists. In a creative and committed working atmosphere tasks concerning eurythmy therapy were taken up, ordered and discussed. One central task was the preparation and organization of the international conference of delegates. The group acted in an advisory role to Angelika Jaschke, supporting her in her work as co-ordinator for eurythmy therapy within the Medical Section.

The first official conference of country delegates (DeKo) took place in 2004 in the presence of Dr Michaela Gloeckler. Eurythmy Therapy meetings which worked towards establishing associations for members of the profession had already taken place since 2001. The Advisory Committee was formed in 2006 with its first meeting in Amsterdam/Netherlands. It was then called Initiativkreis (Initiative Group).

The next meetings were: 2007 in Jaerna/Sweden, 2008, Milan/Italy, 2009, Graz/Austria, 2010, Budapest/Hungary and 2011, Basel/Switzerland. Generally the meetings looked at the worldwide situation for eurythmy therapy, areas of practice, associations, training and further training etc. Also the aims of the International Eurythmy Therapy Forum were formulated:

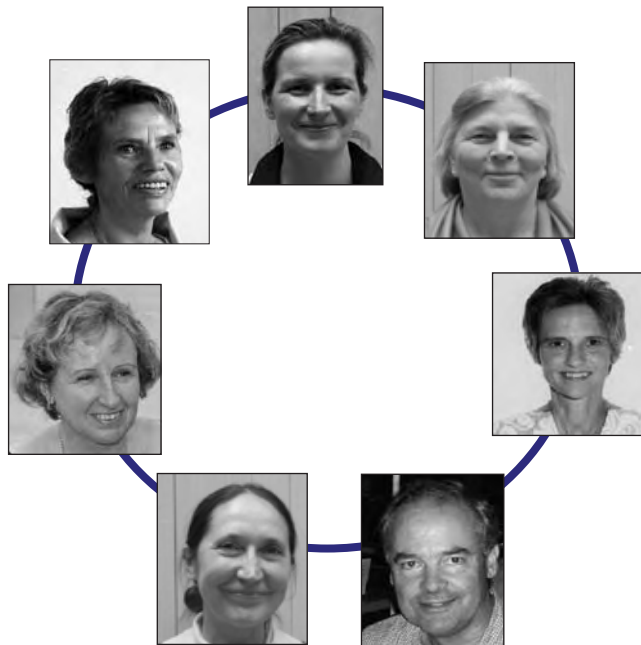
- Regular contact and flow of information with each other
- To encourage overview and perspective, orientation and learning from each other
- To carry the diversity, quality and further development of eurythmy therapy
- Inner spiritual cohesion as counter balance to the outer, public work (please see 'Internal agreements/arrangements')

Themes that were brought to the delegates' conference (DeKo) included:

- The country delegate's mandate/task. How is it arrived at? Who is working in the six fields of practice and the Training Leaders Conference?

- The Eurythmy Therapy Newsletter as organ of communication for colleagues around the world
- Eurythmy therapy meditation.

At the second meeting in Jaerna/Sweden Angelika Jaschke spoke about community building and community living. Her wish was to build community out of free will and **based on three pillars:**



- The inner idea (spiritual foundations)
- The social 'working together' (social 'mood')
- The concerted effort-deed (responsibility, finances.)

After the finance report from our former financial advisor Wilfried Wegener a wonderful idea came to Daniel Maslen, that each eurythmy therapist give the equivalent of the price of one of their therapy sessions as a contribution to the Forum. The goal being self sufficiency.

The third meeting in Milan/Italy in 2008 took place one month before the World Eurythmy Therapy Conference and there were many things to prepare for the conference. We had to present the work of the Eurythmy Therapy Forum on one of the evenings and areas like 'Code of Ethics', vocational profile, internal arrangements and structures of management, areas of responsibility along with all the many practical aspects of the organization of such a large conference all filled our agenda during this Milan meeting.

In the 4th meeting in Graz/Austria, 2009 we looked at 'community build-

ing in the consciousness soul age'. („The individual as social principle“ by K M Dietz). The international reports at the delegates' conference spoke of successes but also of difficulties and concerns. The co-ordinator's tasks had grown so big that it became clear, Angelika must be relieved of some of her work load so others were delegated to take on specific tasks.

The international trade mark **Anthro-Med®** was presented and received with interest. It came at the 100th anniversary conference of eurythmy therapy and at a time when eurythmy therapy is really making strides in the area of public recognition with the six fields of practice.

The 5th meeting in Budapest/Hungary 2011 embraced the theme: The delegate in the centre of a horizontal (social) and a vertical (spiritual) stream. This picture formed the substance of the preparation for the next delegates' conference. An over-arching body (coordination group) for arts therapies and eurythmy therapy was also discussed. We also looked at who within the advisory committee could take over some of Angelika's tasks.

The 6th meeting was held in Basel/Switzerland, 2011. The transformation of the advisory committee into a co-ordination group was worked on and after intense discussions certain areas were delegated, e. g. fields of practice coordination went to Mareike Kaiser. The coordination for the professional board of associations (IFAAET) and the newsletter to Monika etc. However, Angelika Jaschke will still maintain the central over view and remain accountable for eurythmy therapy to the Medical Section. At the next delegates' conference we will continue the discussion 'Role of the Delegate'.

Qualities living in the advisory committee were: Trust, high ideals, and a widening of consciousness for the profession as basis for right action. It was a creating and dissolving process. It was joyful, enlightening, valuable work.

Deepest gratitude to Angelika Jaschke (DE), Jane Schwab (SE), Mareike Kaiser (AT), Maria Sheily (HU), Daniel Maslen (GB), Anja Meierhans (CH), Wilfried Wegner (DE) Monika Margesin (IT) - also to Liesbeth Hermelijn (NL) and Christine Weber-Stoll (CH), who were there at the beginning in Amsterdam.

Some personal remarks from members of the advisory committee:**Anja Meierhans**

In 2008 I joined the advisory committee. I came into a creative working group where all were fully engaged and concentrated in their work together. The idea of being part of an international network for colleagues (as is 'living' in the delegates' conference) with all the diversity of initiatives and practical areas for all gave me enthusiasm and motivation. To be part of such a team is important for the future. The balance between esoteric and exoteric work needs care and becomes a way of life which will become ever more important in the future. I am grateful for this possibility of working together for eurythmy therapy and I hope for continued development and success in the future.

Daniel Maslen

It has been a wonderful experience for me, working with these fine colleagues over the years. Many thanks to you all. We'll definitely stay in contact!

Jane Schwab

Over the years I saw how the advisory committee became ever more a loyal support for the coordinator. It was re-

markable how the conversation which came from different sides always managed to bring light to the delegates' conference as a place where individuals could meet and share in a fruitful way. A special highlight was the preparation for the World Eurythmy Therapy Conference where all the country representatives stood on one stage in a mood of togetherness.

Mareike Kaiser

The fruitful moments for me were when in conversation, out of the many sides and points of view a common picture or outcome arose.

Maria Scheily

Common trust and an openness for new ideas arose through the spiritual work together, especially when the theme 'Community Building' was taken. I experienced our work in the advisory committee as socially healing.

Monika Margesin

The work together was fruitful and permeated with a respectful, social atmosphere.

Angelika Jaschke

Seven people from seven countries have worked together for seven years (2006 – 2012) slowly building up the

Eurythmy Therapy Forum in the Medical Section. From the background they quietly accompanied, reflected, helped and advised me. Without this 'mirror' and the will to help which they brought, we would not be where we are today! That which now appears in our IKAM publication of the Anthroposophic Medical Movement: „Areas of responsibility and working practice“ (2010) has been practiced consistently in the Eurythmy Therapy Forum since its beginning.

A heart-based organization like the one Rudolf Steiner described at the Christmas Foundation Meeting and which he envisaged and expected for Anthroposophy is what we have always tried to develop.

Today it is clear to see how this Forum which is built on threefold principles has 'come of age' and is of immense help to the profession worldwide.

The annual newsletter clearly shows the fruits of all this pioneering work, so does the delegates' conference which is prepared by the advisory committee and which has become an international artistic and social work day with far-reaching strength for all concerned.

Restructuring:**The Advisory Committee says farewell – the Eurythmy Therapy Coordination Group comes into being**

The advisory committee has undergone a transformation recently. The restructuring involves delegation of many tasks which were previously carried by the coordinator.

Her massive work load has clearly shown us that the pioneer phase is over and a new steps must be taken.

The reformed group will be an 'activity group' called Eurythmy Therapy Coordination Group. Members will take responsibility for various areas of the work, e. g. Monika Eichele - Associations. Mareike Kaiser - Fields of Practice. Regina Delattre - Publicity. Monika Margesin - Help with the Newsletter. Anja Meierhans - Documentation and Research.



Other areas are still to be considered.

Many hands make light work!
I will still remain at the helm as coordinator in close liaison with IKAM.

This is all very exciting and we are all hoping that it will deepen and develop our work together even more.

**Interview with
Dr. med. Roland Bersdorf,
General Manager of
AnthroMed® gGmbH**



AnthroMed is growing and flourishing although the name still remains unknown for many. How did the concept arise?

AnthroMed is a registered international trade mark which represents anthroposophic medicine. It supports the process of accreditation in various professional groups, creating an organized network within medical practice.

How has the medical network of AnthroMed developed?

Nine clinics first approached us regarding certification. Three more followed and now there are only a few remaining who have not joined. The trade mark **AnthroMed** is used by clinics and in hospitals as a sign of commitment to good practice within the anthroposophic medical movement.

You have brought the idea of a registered trade mark AnthroMed to the anthroposophic medical clinics. How did this come about?

It is my wish that although this idea was first meant to support the clinics the trademark **AnthroMed** to serve the whole anthroposophic medical movement.

How did it arise? In 2003 we realized in the association of medical clinics that we needed a much better sense of commitment and more clarity in many areas of our work. A core group was formed and **AnthroMed** as a common trade mark arose.

Why do the anthroposophic medical clinics need AnthroMed?

The trademark **AnthroMed** is important for two reasons: Firstly, as a protection and to ensure that not just anyone can go about offering anthroposophic medical treatment and this is why we agreed on a set of criteria which must be followed if one wishes to practice. This will ensure that if anthroposophic medicine is being offered then that is actually what a patient can expect to receive. It acts as a sort of quality assurance.

Should the Medical Section not be responsible for both these areas?

It was clear to us from the beginning that the development of criteria quality control for anthroposophic medicine is part of the remit of the medical section and that is why the whole process has been with the close contact and agreement of the medical section. It would not have been possible in law for the medical section to fulfil all the tasks anyway as they were not able to present a legal spokes person. They looked for a 'name' that would be open and all inclusive to represent the movement so that all areas could use it.

Is this opportunity and openness being used?

Certainly! Since last year for example the eurythmy therapists are on board. The term Eurythmy Therapy (Heileurythmie) is not able to stand alone as a legal protection but needs another term, for example „Heileurythmie **AnthroMed**“.

As eurythmy therapy is already represented worldwide by many different international associations which all require members to fulfil certain criteria and further training we were able to liaise one by one in order to support them by sharing the load of responsibility.

AnthroMed gGmbH has made contracts with eurythmy therapy associations enabling members to use the registered trade mark **AnthroMed**. Members are also free not to use it if they wish.

What in concrete terms draws therapists to take part ?

Naturally eurythmy therapists and others will benefit from the new trade mark **AnthroMed** as it will give anthroposophic medicine a clearer profile in the world.

Our website for **AnthroMed** has a section for eurythmy therapy with local maps and an index so that patients can find their way. This will naturally bring more requests for treatment.

How will the work continue?

This autumn the pharmacists are joining with the name: **AnthroMed** Pharmazie which means it will no longer be necessary for each chemist to have to fend for themselves but the association „Gesellschaft für Anthroposophische Pharmazie in Deutschland - GAPiD“ (Association of Anthroposophic Chemists in Germany) will support them. Further work has been done also, concerning the ability to 'advise' or prescribe amongst those working in chemists.

Such new criteria has been drawn up together with the chemists and the Medical Section.

What about the doctors?

We are happy when doctors also show an interest in having a common name/trademark to represent their work. Until now they have been represented by their own association: GAÄD, but many are now approaching us, especially at an international level. Basically we see a tendency to growth and expansion in all areas of the profession and we are working on special criteria for clinics and therapy centres.

A final question: Why from the patient's point of view is AnthroMed so important? How will they benefit?

AnthroMed should give patients clarity and assurance about what they are getting with anthroposophic medicine. **AnthroMed** acts as a seal of quality or a guarantee for the service being offered.

Herr Dr. Bersdorf, many thanks for this conversation!

Excerpt from:
DAMiD Telegramm August 2011
www.damid.de
www.anthromed.net

The full version of this interview can be found on the Website: www.damid.de Roland Bersdorf tells more about the background and people who stand behind AnthroMed and why the three 'M's (Mark, Man and Money) are so important for the work of AnthroMed.

For more information to the above and to the trademark AnthroMed or the anthroposophic medical movement in general please go to the AnthroMed website and look under 'Marke' (trademark) where a full download has been prepared: www.anthromed.net

Finances

The worldwide solidarity contribution from eurythmy therapists for the Eurythmy Therapy Forum of the Medical Section gives a sound basis for our international work together. It brings in around 20,000 Euro a year. From this, translation work, travel grants for country delegates, the up-keep and care for our website and administrative costs are paid.

The support foundation for anthroposophic medicine (AM) helped us last year with 7,000 Euro.

The Eduard-Stiftung of the GLS Treuhand has supported the work of the coordinator with 6,000 Euro for several years now.

I have asked the Treuhandstelle to continue this 'gift' which is not project bound or for an institution but for an individual. Without their help I would not be able to fulfill my work as coordinator.

You can easily donate on the website of the Eurythmy Therapy Forum:

www.forumhe-medsektion.net/en/donations

GLS Treuhand reports:

The GLS Treuhand is a public association in Bochum Germany founded fifty years ago by anthroposophists. It brings donors, and projects together and supports 450 initiatives a year. Everywhere where people show courage and creativity in actively building the future.

For many years now the Eduard-Stiftungsfond in the GLS Treuhand has supported the eurythmy therapy coordinator for eurythmy therapy in the Medical Section. One of the original founders of the fund remembers how there were two founding members of the fund who had had very positive experiences with eurythmy therapy and so had the idea to support the training and international network of therapists and to help eurythmy therapy to become better known in the wider community.

Eurythmy therapy is grateful to the help of many individuals who have supported the impulse and intentions it carries and those working with this impulse. Up until now eurythmy therapy and anthroposophic medicine have been relatively unknown but this is changing and there is an ever growing

awareness and acceptance.

This is partly due to the improved training facilities and the widespread communication between ET colleagues around the globe.

The International Eurythmy Therapy Forum offers a good platform for exchange and information sharing amongst eurythmy therapists. It is a living example of something that has brought people who are ill closer to the healing world of eurythmy therapy.

*Julian Mertens
Public relations GLS Treuhand*

*Eduard-Stiftungsfonds in der
GLS Treuhand e.V.
Christstraße 9 + D-44789 Bochum
www.gls-treuhand.de*

bank account for donations:

GLS Treuhand
Konto-Nr.: 13 022 710
BLZ 430 609 67
GLS Bank

reference:
Heileurythmie

Public relations

The international Eurythmy Therapy Forum celebrates its 10th anniversary. From congratulations greetings and interviews you can see that the pioneer period is finished now when a small group of enthusiasts had committed themselves to the idea of promoting international cooperation.

The new period of the global network is marked by restructuring and novelties in order to put the increasing workload on more than one pair of shoulders.

In the field of public relations, the digital media cannot be abstained from when one goal is to find more effective employment of personal and financial resources. The Forum's website had already been established over the last years. This fall, however, it appears in a new look and is based on a modern technical system which allows quick and easy amendments and change.

So the website will be kept up-to-date and informative.

It is an important element of the Forum's work being a platform for communication and the exchange of information.

We on our side will try hard to keep the tools of public relations clear and up

to date. This, however, should not be a one-way lane. We would appreciate it a lot, if the website is being visited frequently and used as first source of relevant information about eurythmy therapy. It's quite a treasure trove of many important documents. We are willing to implement links to websites of other institutions (professional associations, training institutes etc.). We would like to encourage you to develop a short informative webpage. The more information are put on the internet, the faster the users can find answers to their questions.

Above all we would be happy to receive any feedback from the visitors of our website - be it suggestions for changes, hints, announcements etc.

*Regina Delattre
co-ordination
public relations*



Training/Research

*Everything dealing with healing is closer to art than technique
And yet every art is based on a proper technique.
(Margarethe Hauschka)*



International Training Leaders' Meeting

This year's three-day meeting of all eurythmy therapy trainers focused on methodological aspects of the teaching process within the training; on sharing ideas and experiences; and on practical work based on the third and fourth lectures of the Eurythmy Therapy Course.

In connection with the 90th anniversary of the Eurythmy Therapy Course the idea came up to hold a training leaders' conference from 29th October - 5th November 2012 in order to work on each lecture of the Doctors' Course (GA 313) and the Eurythmy Therapy Course (GA 315) in chronological order.

After last year's trial of the guidelines, we worked again on the practical placement aspect of the training (the „long placement“), as we have been doing now for many years.

There was a report on the accreditation procedure of the International Coordination of Anthroposophic Medicine (IKAM); this is a joint accreditation procedure for trainings in the different professional groups within the Medical Section.

By the end of 2012, all but two of the eurythmy therapy trainings will have gone through the Section's accreditation process.

Enquiries about or preliminary ideas for a one-off training course have come in from seven countries. In each case,

there is the intention to work closely with the Medical Section's Council of Eurythmy Therapy Trainers on developing such a course.

Alanus University, Germany

Master degree courses in Eurythmy Therapy

In September 2010 we started again with two master degree courses in eurythmy therapy.

The demand for places to study for the part-time one-off master degree course for trained eurythmy therapists at the Alanus University (duration 2 years) was so high that we decided to offer a second study course. 13 colleagues from all across Europe meet at 10 intensive weekends (plus independent studies), distributed over two years, in order to attain a master degree. The already acquired professional skills of every participating colleague are incorporated into the training.

We also started a full-time master degree course in September 2010 (duration 1 year plus a qualifying practical training of 6 months). 9 students have been studying at the University for 2 semesters (1 year) and have just commenced their qualifying practical training in various institutions. The interdisciplinary offer of study courses at the university enables us to offer a

wider variety of study courses for the subjects of science, medicine and art-therapy.

So far 50 master's theses have been written throughout previous years, partly mentored by qualified national and international. The presentation of the master's theses is always in September.

The studies end with the international qualification: Master of Arts Eurythmy with specialisation eurythmy therapy. This classification enables eurythmy therapist to be equated with certified teachers when it comes to refinancing. At Michaelmas 2011, this year's international full-time master degree course began with 15 students. The next courses (full-time as well as part-time) each begin in September 2012. Registration deadline is the 1st of July 2012.

Information about the study course, our international symposia, advanced training and research courses and subjects of the master's theses are available through Ephraim Krause: Alanus University of Arts and Social Science, Villestr. 3, 53347 Alfter, Germany, email: ephraim.krause@alanus.edu, Phone: 0049-2222-93211274 or at <http://www.alanus.edu>

*For the Administration Master study
Eurythmy Therapy
Renée Reder, M.A.
(renee.reder@alanus.edu)
and Prof. Annette Weißkircher
(annette.weisskircher@alanus.edu).*

Dornach, Switzerland

Eurythmy therapy training at the Goetheanum

The eurythmy therapy training at the Goetheanum already has the 4th and 5th block courses running. They were held in spring and summer 2011. The new part time training brought 15 students to graduation. They came from America, Finland, Italy, Poland, Germany and Switzerland. Under the guidance of experienced doctors and eurythmy therapists they studied various medical conditions and related eurythmy therapy treatment.

As usual the training included a variety of supporting subjects in the integrated program: 'Basic Medical Knowledge' from the 'Anthroposophic Therapy Academy' (www.atka.ch).

The course with all its diverse elements and possibility for dialogue helped to give students good therapeutic skills and the combined modules ended with the final exam: 'Basic Medical Knowledge' which is required and recognized by the Swiss government.

By the end of February 2012 students will have completed their practicum under the guidance of a mentor in various fields of practice. They then return to the training centre for the final block, 5th - 24th March and the graduation ceremony is set for 23th March 2012. Guests are warmly invited!

The next two year part-time training will begin on 6th August 2012.

For further information please contact: kaspar.zett@gmail.com

We are pleased to announce our next further training courses:

- 11./12.2.2012: Theme: 'The Immune System' with special emphasis on tumours and tumour building. Course leaders are: Pirkko Ollilainen, Dr. Sebastian Schlott (Filderklinik)
- 31.8. - 2.9.2012: Therapeutic aspects of Tone Eurythmy. Theme not yet known.

For the Training Leaders Group
Kaspar Zett
kaspar.zett@gmail.com

Great Britain

Eurythmy Therapy Training in Great Britain

Our eurythmy training takes place in Stroud, Gloucestershire over a period of two years. We currently have fourteen students who will complete their training in April 2012. They come from countries all over the world and it is impressive to see how dedicated they are and how inspired to bring eurythmy therapy into their lives and working situations.

One year ago we also became a therapy training accredited by the Medical Section, having taken part in an accreditation process with our partner therapy training at Alanus Hochschule. The work with the international eurythmy trainings circle each year has been fruitful and rewarding for us all.

At the moment we plan to begin a new course at Easter of 2013. We already have applicants and look forward to hearing from others who are considering becoming eurythmy therapists. Meanwhile, we are excited to hear from our current students about their practice placement experiences, and look forward to the presentations of their very interesting research themes.

Shaina Stoehr, Ursula Browning,
Ingrid Hermansen
(eurythmytherapytraining@hotmail.com)

Sweden

Eurythmy Therapy Training in Sweden

Between the 14th and 26th of August this year the Eurythmy Therapy Training in Sweden opened with an introductory course. This forms the start of a new diploma training and already nine students have joined! They are from Denmark, Sweden and Finland. Two more are expected to join the next block.

During 2012 and 2013 two block courses will be held and graduation is set for Spring 2014.

For the College,
Renee Reder und
Dr. Anita Jülke Druhfagel
(Email: anijulke@gmail.com)

Unterlengenhardt, Germany

Eurythmy Therapy Training at Paracelsuszentrum Unterlengenhardt

We have had an active year of preparation for the new course beginning in September 2012. This is a one and a half year full time training which works closely together with Paracelsus-Krankenhaus, a clinic specializing in gastroenteritis, oncology and heart conditions. In weekly meetings with doctors, therapists and others we study the practical application of eurythmy therapy for various conditions taking Rudolf Steiner's indications and case study records as a basis.

For qualified eurythmy therapists we offer further training courses with such themes as tone eurythmy in the treatment of diabetes or heart/circulation diseases with Annemarie Bäschlin.

Another theme will be the differentiated effect of eurythmy therapy through changing sound sequences with Dr. Gudrun Merker in January 2012.

Last Easter five eurythmy therapists graduated. One came from Armenia and the next diploma course is set to begin in March 2012.

The part time training with doctors has 45 participants and is currently in its third term.

Graduates from the previous course meet together once a year to work on the eurythmy therapy sequences and tone eurythmy with Margrethe Solstad.

The connection to our 'sister school' in Dornach has grown in a positive way. We meet together regularly and often exchange teaching staff. This is naturally welcomed by our students.

For more information please contact: www.heileurythmie-ausbildung.de or 07052-9251160

For the College
Dr. Sabine Sebastian

Diploma Conferments in 2011

Copake/USA	February	12 students
Unterlengenhardt/DE	April	6 students
Alanus Hochschule/DE	September	8 students

We are pleased to welcome 26 new colleagues in the international professional community. We wish them all the best for their professional start - combined with an awareness that life-long learning within, through and with eurythmy therapy has just been started.

In 2012 there will be training courses in:
Alanus-Hochschule/DE, Copake/USA, Dornach/CH, Stroudt/GB, Järna/SE, Napier/NZ, Unterlengenhardt/DE.

Eurythmy therapy courses for doctors will be held in Germany, Great Britain, Georgia and Finland.

USA

Eurythmy Therapy Trainig in Copake, NY

On the 24th of February, 2011 twelve individuals received their eurythmy therapy diplomas from the Eurythmy Therapy Training in North America.

Dr Gerald Karnow, MD, leader of the Medical Section in North America, gave the keynote address to a large audience at the Camphill Village in Copake, New York. Angelika Jaschka, the International Coordinator for eurythmy therapy in the Medical Section, also gave an inspiring speech to the graduating class.

The Eurythmy Therapy Training in North America began its 4th course in June of this year. There are nine students from around the world. The group will meet 6 times during the next 3 years and will graduate in 2014.

*Seth Morrison and Anna Ree
(tetna@mail.com)*

New Zealand

Last year we reported on our initiative for a Eurythmy Therapy Training here in New Zealand. In the year 2011 the project went so far, that we now proudly present the definitive start of the Training at the 2nd of January 2012! It found it's home at the Hohepa Home School in Poraiti/Napier in the region Hawkes Bay, which counts to the most sunny regions of New Zealand. The large plain, surrounded by in winter snow covered mountains, is home of the biggest wine-growing district of the north island.

Three eurythmy therapists work here in the Hawkes Bay. Two in Hohepa (A school for meanwhile mainly autistic children and an adult community) and one at the Rudolf Steiner School in Hastings. The flyer of the „South Pacific Eurythmy Therapy Training“ went all over the world this year (Many thanks to Angelika Jaschke, Sue Simpson and Marcel Sorge!) and gave us the right basis for our decision to start the Training.

The applications are from New Zealand and Australia so far. As we offer attendance to single blocks and the course will be open for doctors, we fortunately got interest from already trained eurythmy therapists and doctors, who like to get a „fresh up“ or want to extend their knowledge through „professional development“.

Supported by the doctors David Ritchie, Roger Leitch und Lakshmi Prasanna and the nurse Jocelyn Freeman



Auditors' training under the direction of Ursa Neuhaus (care), Brigitte Wessels (eurythmy therapy), Raymond di Ronco (Social Sciences Section), Angelika Jaschke (Medical Section)

the first block will deal with the basic elements of eurythmy therapy. Besides the sounds, the soul gestures and the study of the Eurythmy Therapy Course, part of the work will be the modelling of the larynx, embryology and the first three years of the child, „Health and Illness“ and „The invisible man in us“. We are happy to send the flyer as pdf to everybody who has not got it yet.

*Heike Houben
heike.houben@web.de*

ACCREDITATION

IKAM Accreditation and Auditors' Training

The general recognition process (IKAM Accreditation) within the professional groups: eurythmy therapy, care work, physiotherapy, rhythmical massage, arts therapies and curative education has taken great strides this year. This is due to a new accreditation handbook which has recently been published.

The Eurythmy Therapy Training in England and at Alanus University, Germany began the process in 2010. It soon proved to be beneficial and in 2011 the training in the USA followed. Sweden will take it up in 2012.

An important aspect of this is the interdisciplinary monitoring/auditory process as an aid to self-reflexion and self-improvement (quality development) within a training centre. The mentors are all trainers themselves and are in the second year of the three year auditors' training. With great professionalism and individual commit-

ment the necessary skills essential for a successful mentoring/auditors visit are learnt. Reciprocal respect is engendered amongst the mentors of the five professional groups and it is clear how beneficial the interdisciplinary visits from other training centres are for all concerned.

TRAINING FOR DOCTORS

Unterlengenhardt, Germany

The part-time training with doctors has 45 participants and is currently in its third term.

Graduates from the previous course meet together once a year to work on the eurythmy therapy sequences and tone eurythmy with Margrethe Solstad.

Dr. G. Merker, Dr. S. Sebastian

Tbilissi, Georgia

Reports on further trainings for doctors and eurythmy therapists in Georgia

A further training course for doctors took place from the 6th to the 8th of May 2011 in Georgia.

It was part of the eurythmy therapy training for doctors and the theme was: cancer and eurythmy therapy. Course leaders were Herr Dr. Hans-Broder von Laue and Frau Elke von Laue. Both from Germany.

There were nine doctors, two eurythmy therapists and one student eurythmy therapy on their practical experience placement.

Alternating sessions of study with Broder von Laue and eurythmy therapy exercises with Elke von Laue filled the days.

The mixture of practical and contemplative work proved to be very enriching. We were inspired to find a new understanding of cancer and to experience eurythmy therapy as a central form of healing.

The obvious enthusiasm and interest shown by the participants indicated that a continuation of the work would be welcome in the future.

It was also clear that such a joining together of doctors and eurythmy therapists who focus on a common theme is important for the continued development of medicine if it is to meet the needs of the present time.

Eye Eurythmy Therapy

Between the 7th and 15th of July 2011, Margret Thiersch from Dornach gave an intensive eye eurythmy course.

Participants included seven doctors and two eurythmy therapists.

We practiced tone eurythmy with special emphasis on the vowels "I" (English ee) and IAO (ee, ah, oh) along with sequences of eurythmy therapy consonants in relation to "I" (ee).

Eye eurythmy for cataract and cataract prevention, long sightedness in the elderly, macular degeneration and dry eyes was practiced and explored.

Tone eurythmy in relation to the theme was also given throughout the course.

It was suggested that tone eurythmy become a central part of the eurythmy therapy training in future.

The next intensive course is planned for October 2011.

*Nino Waschakidse
Tbilisi, Georgia*

Peredur, UK

Eurythmy Therapy Training for Doctors and Dentists

The weekend of the 2nd-4th of June 2011 saw the start of a new training for doctors and dentists (medical and dental students) in the English speaking world.

The aim is to give doctors and dentists a thorough practical grounding in eurythmy therapy and its uses. The potential of eurythmy therapy, which can be briefly described as ego-led etheric movement working to transform astral and physical imbalances, has not as yet reached anything approaching

its full potential in the wider fields of medicine, despite notable individual successes.

The training will consist of 8 weekends over 4 years (January and June). In this time we will work through Rudolf Steiner's Eurythmy Therapy Course lecture by lecture. Practical sessions (6 per weekend) are by Katherine Beaven and Andrea Gibson. The physiology and structure of each lecture is elucidated by Dr. Wilburg Keller Roth. Each lecture also relates to another of the arts, so for the first weekend we modelled the metamorphosis of the larynx under the capable guidance of Don Ratcliffe. Other artists will lead sessions in the following weekends.

The training is open to all doctors, dentists and medical and dental students, if they join our 2nd session - 19th-21st of January, 2012, after this the course will be closed to new participants. This is not a course for eurythmists in eurythmy therapy, but trained therapists may join for the remaining 7 sessions.

If you would like to know more, please email: ettdocs@yahoo.co.uk or write to: ETT, c/o 21 Hartfield Road, Forest Row, East Sussex, RH18 5DY
Dr Jenny Josephson and Dr Wilburg Keller Roth
Eurythmy Therapists: Katherine Beaven and Andrea Damico Gibson

*Dr Jenny Josephson
and Dr Wilburg Keller Roth*

*Eurythmy therapists: Katherine
Beaven and Andrea Damico Gibson*

FURTHER TRAINING

Eye Eurythmy Therapy

Work at the first lecture of the Eurythmy Therapy Course with regard to ophthalmology

A further training course with Frau Dr Hammer took place between 4th - 6th March 2011 in The Academy for Eurythmy (Akademie fuer Eurythmische Kunst) in Aesch, Switzerland. The first lecture of the Eurythmy Therapy Course was studied and special emphasis given to ophthalmology (eyes).

Frau Dr Hammer request to the doctors and therapists was to try to break away from the normally accepted 'labels' (Zaubernamen) from conventional medicine and to think more in processes. The eurythmy therapists and doctors tried to work with the given sequences and indications from the Eurythmy

Therapy Course but with regard to eyes. A conversation revealed the vast scope of experience and knowledge amongst the participants and the course was enhanced with speech formation. Annemarie Bäschlin taught colour eurythmy and the sounds and exercises from the first lecture were studied and practised. The participants were also colleagues or co-workers which made for interesting and challenging work.

The next course will look at the second lecture, again with regard to the eyes. It will be held in Aesch from 17th -19th February 2012.

Information through your association and course registration from:
Michaela Trefzer,
St Albanweg 6a, 79539 Lörrach
Mail: michaela.trefzer@gmx.de

Eurythmy Therapy with Teeth

During the past year many courses in eurythmy therapy for teeth have been given: In Aesch (Switzerland) the third course covered modules 3, 4 and 5 and in January the 6th module will take place.

In Verviers (France), near Paris we completed the 7th for the first time in February 2011. It was especially good that both dentists and orthodontists took part.

In May, a group who have been working together for a long time met for an introduction to the work. They also included both dentists and orthodontists. Yolande Marx and I lead the day. One participant pointed out that with traditional orthodontic practice (braces etc) an 80% chance of relapse occurs and surely eurythmy therapy could be of help here.

In Milan (Italy) the 3rd and 4th modules were given, also with good attendance from dentists and orthodontists. In Jaerna (Sweden) the 4th module took place in September and last November 27 dentists attended an introductory course in Chile. 15 of them with the wish to work with eurythmy therapy even though, in Chile there is only one eurythmy therapist! Courses will be continued there in October.

A high point is the work with colleagues in the USA, near Philadelphia. We can hardly imagine here in Europe what distances have to be travelled there making any conference a festive occasion for all who attend. Modules 2, 3 and 4 were given and next summer the others are planned.

*Mareike Kaiser
(mareike.kaiser@gmx.at)*

RESEARCH

Eurythmy Therapy in Anxiety

This case report was part of a training course in writing reports relating to cognition-based medicine (CBM). In 2006 and 2007 at Vidarkliniken, Sweden, courses were led by Dr. med. Gunver Kienle and Dr. med. Helmut Kiene. The case report contains descriptions of the anthroposophic view of man, anthroposophic medicine, and eurythmy therapy as well as a causality analysis according to CBM. It could therefore serve as a model for any single case report on Anthroposophic therapy.

Reference identification:

Schwab JH, Murphy J, Andersson P, Lunde G, Kiene H, Hamre HJ, Kienle GS: Eurythmy therapy in anxiety. Case

report. *Alternative Therapies in Health and Medicine* 2011; 17(4):58-65.

Abstract:

Anxiety is a highly frequent condition; many patients seek complementary treatment. One of these is anthroposophic medicine using therapeutic approaches that are based on a distinct concept of the human organism, illness, and healing. Anthroposophic medicine is applied in anxiety; however, little is known about underlying therapeutic concepts, the effectiveness, and the modalities of clinical reasoning and judgment.

Presented is a 21-year-old woman who had suffered from severe and increasing anxiety for 6 months, which had led to social isolation and complete sick leave from work. She had attended an anthroposophic medicine health

care center and counselling at a psychiatric hospital but had not improved significantly after 6 months. Eurythmy therapy was then applied for 8 weeks. Within the anthroposophic medicine pathophysiological context, the patient was diagnosed as having stress-induced anxiety based on a juvenile disturbance of the rhythmical system. Associated symptoms were specific anomalies in the patient's eurythmy movement pattern, a "breathe-in-upwards syndrome."

In the eurythmy therapy sessions, clear interconnections between eurythmy therapy exercises and symptom-relief were observable, paralleled by a substantial relief of the patient's anxiety.

Eurythmy therapy might have some impact on anxiety syndrome and should be investigated in more detail.

This case report with eurythmy therapy video can be downloaded at: http://ifaemm.de/F5a_publi.htm

For additional reading on how to do single case reports, please see on the same internet page:

Nr. 26, the method (in German); Nr. 9, course description (in German); Nr. 1 example of a single case report

26. Kienle GS, Kiene H. Methodik der Einzelfallbeschreibung. *Der Merkurstab* 2009; 62(3):239-242. Volltext (PDF)

9. Kienle GS, Andersson E, Baars E, Hamre HJ, Murphy J, Portalupi E, Schneider T, Schwab J, Wode K, Kiene H: Eigene klinische Forschung bei Ärzten und Therapeuten? Zur praxisbezogenen Entwicklung von Cognition-based Medicine. *Der Merkurstab* 2010, 3:204-9. Volltext (PDF)

Jane Schwab
(janehamptonschwab@yahoo.se)

Topics of the master thesis in eurythmy therapy 2011 at the Alanus Hochschule, Alfter/DE

„Eurythmietherapeutische Einzelfallstudie zur Hypertonie“ (single case study on eurythmy therapy and hypertension)
by Johanna Borgstädt – Hirschberger, Germany

„Eurythmietherapeutische Einzelfallstudie zur Rolando Epilepsie“ (single case study on eurythmy therapy and Roland epilepsy)
by Eun Sim Jang, Korea

„Eurythmietherapeutische Einzelfallstudie bei infantiler spastischer Tetraparese“ (single case study on eurythmy therapy and infantile spastic tetraparesis) by Johanne Erlen, Germany

„Die gesundende Wirkung von Dur und Moll“ (The healing effect of major key and minor key) by Lina Baimler, Germany

„Bewegung und Farbe“ (Movement and colour)
by Raphaela Fritzsich, Spain

Work in progress:

„Die Wirkung und Anwendung der Eurythmietherapie bei Typ 1 Diabetikern“ (The effect and the application of eurythmy therapy with dibetics type 1) by Adaleidur Olafsdottir, Iceland

„Qualitative Untersuchung von eurythmischen Lauten auf Wasser“ (Qualitative investigation into eurythmic sounds on water)
by Claudia Maria Weber, Germany

„Die Wirkung der Sprünge in der Eurythmietherapie“ (The effect of jumping in eurythmy therapy) by Kristina Lucia Parmentier, Belgium

Professional Associations

Outreach from an inward necessity

...“The present age can no longer tolerate any tendency towards secrecy. This presents us with a fundamental problem which we shall have to resolve... How can we combine full openness with the profoundest, most serious and inward esotericism? ...

...“Consider the following, my dear friends: We stand in the world as a small society, and this society has a peculiar destiny at present. Even if it wanted to, it could not reject this characteristic of openness which I have been emphasizing so strongly. It would be unable to reject it. For if out of some leaning of sympathy we were to decide today to work only inwardly with our groups, which would of course be very nice, if we were not to concern ourselves with the public at large, we would discover that there would soon be an increasingly inimical concern for us on the part of the public. The more we fail to concern ourselves with the signs of the times, the more will be the inimical concern for us on the part of everything that can possibly be against us.”

Rudolf Steiner

(The Christmas Conference for the Foundation of the General Anthroposophical Society, [Translated by Johanna Collis] 26.12.1923 GA 260).

From the work of the International Working Community of Eurythmy Therapy Associations

At the recent conference, the 14th Meeting of the executive committee, new working structures for the International Eurythmy Therapy Associations were passed and agreed in minute detail.

We warmly welcome the two newly founded associations from Hungary and Finland who have both managed to organize themselves so that they meet our international standards and from the start have the possibility of attaining the **AnthroMed** licence for their eurythmy therapists. Especially in these countries it will be essential for the profession to have such an international seal of quality (**AnthroMed**) if anthroposophic medicine is to flourish.

The rights' sphere

The legal situation for eurythmy therapy within the medical section has become extremely complex. The amalgamation with the art therapists in IFAAET has called for much work and we are aware of the need for all parties to have a common picture from which steps can be taken together.

Three elements permeate every group: The individuality, the community and an agreed set of standards or equal rights. These bring harmony and balance. Legal questions are important and by no means restricting or dry. They hold the balance between the two poles: Individual (ego) and community (we) which in turn influence social life processes. The main task of the life of rights is to bring rhythm into the human social sphere. People who are part of a community relate to one another. There is common trust and agreements are made. This already involves a rights sphere which creates a sort of 'skin' or protection against the outside so that an inner and an outer world arise. This can be weak or strong and begins long before an association is formed.

This form of freely developed and protected working communities has been enabled by the work of the training leaders group and the ET associations.

Our new federation (IFAAET) took the rights' sphere of two different professional groups and lifted them to an international level. It remains to be seen how things will develop on a social level. Both groups need to have equal standing and value

International Federation of Anthroposophic Arts and Eurythmy Therapies (IFAAET)

On 12th of September Kirstin Kaiser, coordinator of Arts Therapies, and Angelika Jaschke, coordinator of Eurythmy Therapy, both within the Medical Section, invited all professional associations to Dornach for founding an international union of both professions under the name of "International Federation of Anthroposophic Arts and Eurythmy Therapies" (IFAAET).

About 7 years ago this federal union was initiated by IKAM taking into consideration discussions with Angelika Jaschke and from the side of arts therapies mainly by Susan Bäucke (Sweden).





The question arose if eurythmy therapy and anthroposophic arts therapies, both having a basic artistic training as a precondition, shouldn't cooperate in a convenient alliance on the political and legal level, for better opportunities in the work of international matters, concerning both professions. In the statutes the expression "Arts Therapies" was chosen, - as it is already used in several countries with alliances - without naming eurythmy therapy as arts therapy.

The unification process and the work on the drafts of statutes took place as a rhythmic process, which you can imagine as moving lemniscates. One professional group worked in different countries on the drafts. The results were all flowing together to the centre with their coordinators, who collected them, passed on and discussed them with the coordinators of the other professional group, who send them out to the countries' professional associations and collected the results coming in etc. In this way the drafts have been developed

in a rhythmic flow, moving to and fro and involving many people of both professional groups, till a final draft was concluded in July 2011. Thereafter the statutes were checked by a Swiss jurist of their validity in law and the foundation assembly could be planned to take place on the 12th of September in Dornach.

12 professional associations followed the invitation to first sort out a few open matters, concerning the statutes and the membership fees. Associations and one team from 11 countries decided to found the federation in the following meeting.

In the founding assembly Angelika Jaschke pictured the necessity of such a union vividly with an image of the great ocean, where big ships are meeting and communicating far out in the sea, but we, alone in our little boats, are not able to approach and join their communication.

Marlise Maurer (CH) and Nurene Armajani (NL) both AKT and Lidia Shpak (RU) and Monika Eichele (CH) both Eurythmy Therapy were elected to the council. (Susan Bäucke couldn't join the board due to health problems, arising only a few days ahead of the foundation) Monika Eichele was elected as president. Helga Kirpcsenka (NL) and John Browning (GB) were appointed as auditors.

Participating founding members were delegates of the professional associations AKT from NL, GB, CH, AT, and delegates of professional associations Eurythmy Therapy from CH, SE, GB and Ireland, IT, DE, AT, RU.

There were a few guests present and as all unclear questions had been solved during the proceeding meeting, "The Federation of Anthroposophic Arts and Eurythmy Therapies" (IFAAET) could be founded in a joyful ceremony.

Monika Eichele

Professional associations for eurythmy therapists were founded in following countries:

- **Austria (www.heileurythmie.at)**
- **Finland**
- **France**
- **Germany (www.berufsverband-heileurythmie.de)**
- **Great Britain (www.ahasc.org.uk)**
- **Hungary**
- **Italy**
- **Netherlands (www.euritmietherapie.nl)**
- **Russia**
- **Sweden**
- **Switzerland (www.heileurythmie.ch)**
- **USA (www.athenaurythmy.co.nr)**

International Reports

New countries in the Eurythmy Therapy Forum

We are very happy that Heiða Olafsdóttir will represent eurythmy therapy as Iceland's country representative for the most Northern part of Europe.

AUSTRALIA:

Josefin Porteous

(> josefinport@gmail.com <)

We still work very busily, everybody in his/her city – in our huge country. Karyn Foster has joined us as new eurythmic therapist here in Australia in the city of Coffs Harbour.



We were sad to see Chris Coote leave to Berlin /Germany but we hope he is coming back in the near future. The best wishes to all of you from us here in Australia.

AUSTRIA:

Mareike Kaiser

(> mareike.kaiser@gmx.at <)

This year we succeeded in joining **AnthroMed**. Nine colleagues from here and one from Germany have now adopted the label. The over-arching body (general association) (DÖKT) which also included non anthroposophic arts therapists and to which we were affiliated has dissolved.



Music therapy is state recognized in Austria and recently anthroposophic music therapy has also won state recognition. Perhaps we will be able to achieve state recognition and the official certification status soon.

At the next general meeting our executive committee will be up for re-election. After 15 years I will be handing

over my role as chairperson to Maya Küsgen. She was already present at the meeting of country delegates and at the European meeting of professional associations in September 2011 in Dornach.

Next year Anja Meierhans will come to give us a conference on documentation and we want to invite our doctors to a conference where we will present positive reports and feedback from patients in the hope of a closer, more intense working together!

BELGIUM:

Miejef Callens

(> miejefcallens@gmail.com <)

Once again a year of hard work and activity is behind us. For many it has been a time of many changes and happenings and for us in Belgium this is certainly the case.

As mentioned before, we have had four eurythmy students in eurythmy therapy training this year. All in different places. One of them, Martine Leicher finished her training at Easter and has already become a pillar of strength for us. She brings us new ideas, impulses and suggestions for change.

We meet regularly and have created a sound base for our work together. This includes the founding of an association, public work, **AnthroMed** etc.

We had to say goodbye to some colleagues: Griet Missinne has moved to the east of Belgium near the German boarder where she intends to practice eurythmy therapy and social eurythmy. I myself will move to Freiburg/Riesel-



feld, Germany, where, after settling in will see what comes to meet me and test both inwardly and outwardly what new tasks await me there.

This move is for private reasons only. I will pass on the task of country delegate for Belgium to Mia Lemaitre, a mother of four children, well known to many both here and abroad. She has a large house where we always meet and all in all will be the right person to carry and deepen the work with new energy and ideas.

I often feel like Hermes the Messenger in my life. I bring something new into the world but as soon as it is up and running I disappear! This motif has often occurred in my biography and it seems it has to be that way.

To conclude, I would like to express my heartfelt gratitude to Angelika Jaschke for her amazing contribution to this worldwide work for the future. Many thanks Angelika!! Warmest greetings to all.

BRAZIL:

Cecília Teixeira

(> ceciliateixeira@terra.com.br <)

See page 30 for a longer interview.

CANADA:

Michael Chapitis

(> michael.chapitis@gmail.com <)

One can count the number of eurythmy therapists in Canada on one hand. Here in Toronto we are two, I am in my twelfth year. Most of the eurythmy therapy



work is taking place through the several Waldorf Schools in southern Ontario. I work four days a week in the schools.

Fortunately, we also have a therapeuticum 'Pegasus Remedies' in Vaughan, Ontario, which includes three anthroposophic physicians and five therapists. Our weekly meetings begin with eurythmy. We work with the doctor's meditations. The main content of our patient studies is based on the Bolk Institute method (which I would like to write about at a later time). There I work one day a week seeing 10-12 patients through the doctor's office for a seven week cycle. For the past several years, Pegasus Remedies has been hosting annual medical conferences with international speakers.

This past March, Angelika Jaschke visited for a day before returning to Germany, which had a wonderful impact on our work. I find it a great support that Angelika has the capacity in a short time to relay the importance of holding a bigger picture of what we are striving for in the foreground of one's heart.

CZECH REPUBLIC:

Hana Giteva

(>hana.giteva@post.cz<)

Eurythmy therapy buds are beginning to open and bloom here!



2011 was a year of great activity and much has happened. Here are a few highlights:

Since the meeting IPMT in August 2010 in Krummau – South Bohemia a lot has happened for anthroposophic medicine. In March 2011 a jubilee conference was held in Prague with the title: Spiritual Medicine. This was to commemorate the 100 years anniversary of Rudolf Steiners' lecture cycle „Occult Physiology“ which was originally given in Prague in 1911.

A new association for anthroposophic medicine was established in April with the goal to create a vessel for all aspects of anthroposophic medicine. The work is still in a pioneer phase, but we hope the new association will act in a supporting way as we develop it further. The association council members include two doctors and one eurythmy therapist. Eurythmy therapy is at the centre of the new association and is clearly visible to others.

In August 2011 we had a meeting of the IPMT in Krummau. We deepened the work of the previous year and at-

tracted a lot of interest in the town. Even the Deputy Mayor expressed her interest.

In October 2011 we will begin to give courses in eurythmy therapy for the doctors. A weekend is planned to look at the 5th lecture of the Eurythmy Therapy Course. We are all looking forward to this.

In 2012 we are planning many events and I hope that this time next year I will again be able to report on further developments in the work here. With much joy for all that is happening here. Greetings to you all.

DANMARK:

Matthias Gorges

(>matthiasgorges@hotmail.com<)

These Danes! Despite bridges and tunnels the connections between the many islands is still difficult and so this years report will be reduced to just one area: Sjælland. The part of



Denmark that includes Copenhagen.

The number of eurythmy therapists working there has gone down since last year. Two had to stop for various reasons and the country delegate and author of this report left his post (one of the best in the country) and is moving to Switzerland at the end of December! So there are two vacancies here: A good job and the role of country delegate for Denmark!

As the Danes, who like their 'comfort' are not jumping to fill these posts, we would welcome anyone who feels up to the tasks here and who would not mind trying to learn Danish into the bargain!

In the good old days we met every two months as a group of seven. This is now reduced to a couple of isolated meetings with only three colleagues attending! The meetings were never the less worthwhile.

News from other parts of the country, the islands and Jutland or the boarder regions with Germany is unfortunately not available for this report. I don't know what is going on there.

It remains to say that we hope colleagues will come and enjoy what Denmark has to offer in the way of culture and good working conditions. One condition is the ability to cope with wind and rain, but whoever has experienced a Danish summer will never want to leave again! (well, almost never..)

FINLAND:

Anne-Marie Somero

(>amsomero@welho.com<)

See page 31 for a longer interview.

FRANCE:

Yolande Marx

(>yolmarx@akeonet.com<)

Dear friends

around the world!

It is good to meet one another every year at the conference of Delegates. To share our battles and successes. I will try to give you a picture of how things are in the little country which I pointed to on the world map at the delegates meeting. The one with the French flag!



In France we are all trying hard to speak a common language and come together in harmony. A bit like the gestures of eurythmy when they are done together.

In Chartres, we held a conference for doctors, nurses, therapists, dentists and care workers. The lecture 'The Invisible Man in us' was taken for study and lectures on the 'School of Chartres' were also looked at. There were many fine moments during the conference and it was wonderful to be in such beautiful surroundings, with the cathedral which we visited each day. In autumn we will return there for a conference on gynaecology.

Many research projects have started between doctors and eurythmy therapists all over France. In the South (Avignon), Dr Lalague and Dr Jouan met with the eurythmy therapist Annick Duval for a weekend with the theme archetypal picture of the vowels and the doctor/therapist relationship. They plan to meet eight times in all.

In Alsace three doctors and eurythmists are working on the book 'Occult Physiology'. They read and practice together. This could form the basis for a new therapy training as many doctors are asking for this. Thanks to valuable help we have been able to translate the European Charter of Ethics and the statutes of the International Federation (IFAAET) and the contract for the right to adopt the trademark **AnthroMed**. We are hoping to adopt this trade mark as soon as possible. In July we registered the name Eurythmy Therapy (Eurythmietherapie) and we are waiting for final approval which is due at the end of September.

So that's the news for now. All

colleagues here stand for and carry eurythmy therapy as well as they can, often under difficult circumstances. Fortunately there is an ever growing interest in the work from doctors, dentists and teachers and the main concern is to provide treatment and a good working climate amongst patients and health care professionals.

GEAT BRITAIN + IRELAND:

John Browning

(>johnbrowning@fastmail.fm<)

The Eurythmy Therapy Association of Great Britain and Ireland spans two countries and has fifty members. The main areas of work continue to be related to institutions:



schools, colleges, medical practices and Camphill Communities. Those working solely in private practice are relatively few.

Members need to be registered with the Council for Anthroposophic Health and Social Care (CAHSC) – this is an independent cross-professional body which regulates the professions with the focus on protecting the public and setting standards. These are set out in the general document „Code of Practice for Anthroposophic Health Professionals“ and the recently completed „Standards of Competence“ which is specific to eurythmy therapy. These were produced through CAHSC working together with the Association Council and the support and active involvement of Angelika Jaschke.

At the moment the regional working groups which have been active for many years are not meeting. We will see what develops from this „pause“ and „rest“!

The Eurythmy Therapy Training in Great Britain takes place in Stroud. The current group of students will graduate at Easter 2012, no students are based in the British Isles but come from as far away as Brazil and Australia. A part-time training in Eurythmy Therapy for doctors has started this year in East Grinstead, Sussex. Two projects which should be mentioned are the research into the effects of eurythmy therapy for the teeth with children and a new pain project in Greenwich which is being built up by a eurythmy therapist and a doctor.

Areas we are busy with include: the age profile of our association – only

two members are under the age of forty, opportunities for CPD, public visibility - including a website, categories of membership and registration with **AnthroMed**.

It is an exciting and challenging phase of development of eurythmy therapy in these Isles.

GEORGIA:

Nino Waschakidse

(>umn@access.sanet.ge<)

There are around four million people living here. Half the population live in Tblissi where most of the anthroposophical work started. There is also a village community in the eastern part of Georgia.



At present there are five eurythmy therapists and nine doctors who have studied eurythmy therapy or are studying it now. Four of the five eurythmy therapists are working in various areas: Waldorf schools, curative education (Michael School), kindergarten, clinics, geriatrics, village communities and in private practice.

Eurythmy therapy is still relatively unknown as a profession but in close liaison with a doctor it is permitted by the state. Georgia has no national health insurance except in the case of emergencies or accidents. Therefore eurythmy therapy has to be carried by the doctors and our own efforts and enthusiasm!

The connection to the Medical Section in Dornach is a great support and protection for us here in Georgia. It helps us orientate and fulfill our work. The profession still needs grounding and we feel it important that there are adequate further training courses for us and our doctors. The work together with the doctors is essential we feel.

We desperately need more eurythmy therapy colleagues here if we are to develop the work and one day gain state recognition for our profession. We hope very much for this in the not too distant future!

GERMANY

Barbara Lampe

(>BLampe@klinik-lahnhoeh.de<)

In Germany the situation surrounding private practice remains tense. Last year a health insurance company cancelled the contract with anthroposophic medicine.



And now the IKK Hamburg (Classik) has also cancelled contracts. They originally made an eight year study of complimentary medicine which resulted in their interest and offer to cover anthroposophic medicine.

These setbacks have brought colleagues down to subsistence levels but actually many are saying that they don't want to return to being dependant on state health insurance and are looking for new ways. The association is keeping several irons in the fire. It still has state recognition with the GBA (Gemeinsamer Bundesausschuss). This was granted partly through positive research which took place.

Negotiations are also continuing with health insurance companies through DAMID. The amalgamation of the arts therapists in BAG KT (Bundesarbeitsgemeinschaft Künstlerische Therapien) which includes anthroposophic and non-anthroposophic therapies is making steps towards common legal standards for the profession.

Many conferences and courses have been organized within the various fields of practice and there has been much activity and change within the trainings also.

The last students from Herrn Wilde in Pforzheim have now completed their studies and the new eurythmy building is available for eurythmy therapy conferences and further training courses. Please contact Frau Elisabeth Wilde for further information or to register: 07551-63987 or info@eurythmiebau.de

Some good news: In a new kindergarten building in Southern Germany, a special eurythmy therapy room has been integrated into the plans. This is not always the case in Germany!

HUNGARY:

Maria Scheily
(>scheily@axelero.hu<)

Hungary has now got a Eurythmy Therapy Association!

The anthroposophic doctors' training which has 30 doctors and some therapists has begun its third and final year. Due to the regular eurythmy therapy lessons and through the summer visits to anthroposophic clinics the interest in eurythmy therapy is growing amongst the doctors.



We are all working together towards state recognition. Eurythmy therapy and anthroposophic medicine have already been registered and the training curriculum is being updated.

The Eurythmy Therapy Association has applied to use the **AnthroMed** label and this is in process now. It should help towards official state recognition for the profession.

Having completed the 6th module of teeth eurythmy with Mareike Kaiser and Dr. Klaus Haupt we are planning an eye eurythmy course in January with Margareth Thiersch.

ICELAND:

Heiða (Adalheidur) Olafsdóttir
(>jranck@Q12.net.il<)

After a five year study in Germany (WittenAnnen/Alanus) I am looking at a very new beginning for myself in the fall of 2012 as the only actively working eurythmy therapist in Iceland.



Adding to that, the Waldorf Schools are also lacking a eurythmy teacher working throughout the whole school year (eurythmy teachers from abroad come for short periods of time) and I will therefore be working in the field of education and therapy at the two schools in and around Reykjavik.

Further work will also be needed in childcare and with mentally disabled individuals.

I am looking very much forward to a future co-operation with the Icelandic anthroposophic therapists (education, art and music) and my hope is that wi-

thin two years the founding of a common professional association will be at sight.

I take on this new and exiting life task with a lot of respect and am looking forward to be able to share the process of this work with you in the coming years.

INDIA:

Dilnawaz Bana
(>abanabana123@rediffmail.com<)

The work with eurythmy therapy is going well here.



In June I attended a conference with the anthroposophic doctors in Bangalore. They wanted to learn about eurythmy therapy.

Before this I was in Chennai (Madras), where I gave a course in social and hygienic eurythmy for the co-workers of several curative education centres. This was organized by V-EXCEL.

In my home town Mumbai I teach in the teachers training course C-SETT which runs for several weeks at a time and in November I will spend a week in Chennai (IPMT) teaching eurythmy therapy to doctors and therapists.

In March 2012 I will be giving a course to the biodynamic farmers in Kodaikanal, Tamil Nadu.

IRELAND:

Tony Whittle
(>whittletony@hotmail.com<)

Working in Institutions in Belarus with Eurythmy Therapy (Camphill supported "Aurora" project)

Since 2000 I have been working regularly in Belarus, the country most affected by Chernobyl. I have been involved with Institutions for Special Needs adults and children. In the last three years I was invited to work in a large rehabilitation centre for cerebral palsy in the capital Minsk, specifically with Eurythmy Therapy.

The work in the rehabilitation clinic contrasted strongly with the quite difficult experience in the orphanages and adult institutions. In this flagship clinic, as the staff saw the effectiveness of eurythmy therapy for cerebral palsy, they became open to anthroposophic medicine in general. Two leading doctors

from this government institution have attended the IPMT course in St Petersburg for the second year running.

The sequence SMA LMI TMU plays a central role in my work with the different kinds of cerebral palsy. Kirchner-Bockholt particularly writes of this sequence "This exercise is like a model from which we can learn a great deal". Initially all the work is so called "passive" eurythmy. (I would prefer an other name as the patient in fact must be very active, although without much outer movement!).

Because one is working with movements which often bear no outer resemblance to the usual gesture, then one must concentrate very hard on the quality of movement.

The only way for me is to hold the "figure image" in my mind as a "touchstone". Often my effort is to experience my movement and the patient's as one – especially when working with athetoid spasticity.

I have to say it has been a privilege to work in these often deprived situations. Particularly important has been the close working together with very young children and their parents. Time and again the being of the child made sense in the light of the parents. As an anecdotal impression, cerebral palsy seemed to relate to mothers who were in some way carrying the burden of an authoritarian atmosphere around them.

I often tell the story of the first time I showed eurythmy therapy at the clinic. It was suggested that I should give a demonstration on 3, 4 and 5 year old children, in a hall in front of a large audience. I explained that the key to eurythmy therapy and cerebral palsy was relaxation and breathing and that such an exposed situation for little children on a first meeting was unlikely to work. We eventually compromised to a small darkened room with only(!) 12 people – all mobiles switched off.

The great thing about the SMA sequence and cerebral palsy is that often the improvement in movement is visible during the session. The first child in the demonstration went well. The staff's comment was "That was very nice but we have children who were much more difficult than that!". Partly because their way of working was very physical, at times uncomfortable for the children, the children often became agitated and distressed.

We suggested they brought their most difficult child. Her angel and our angel must have done some serious work together because after about 10 minutes this "most difficult" of children fell asleep in front of an audience of 12

quizzical professionals. After this some hearts began to open.

A number of us from the Irish region go out to Belarus about 4 times a year for 2 and 3 week working blocks. If anyone, particularly Eurythmy Therapists, Rhythmical masseurs, and Physios, would be interested to join us, we would be delighted to hear from you.

ISRAEL:

Jan Ranck
(>jranck@012.net.il<)

In 2010- 2011 two introductory courses in eurythmy therapy took place. One was held one day a week under the direction of Nadav Nachtom and one was a three-week full time intensive course held in the Jerusalem Academy of Eurythmy under the direction of Jan Ranck.



In addition, a new group of doctors began the second training course in anthroposophic medicine, in which eurythmy therapy is also introduced. The number of eurythmist therapists in Israel is far too few to meet the many requests, especially from Waldorf Schools.

Only about one half of the trained eurythmy therapists, of which there are only 12, actually work in the field. These meet three times a year to study together with a group of new and experienced anthroposophic doctors.

In the coming year there will also be a number of workshops with eurythmy therapists and doctors visiting from Europe, including Michaela Glöckler.

Such visits, and the untiring efforts of Angelika Jaschke in the realm of newsletter, conference publications and other communications from the Medical Section bring an important enrichment to the work and build the indispensable connection to the world medical movement.

ITALY:

Maria Teresa Fossati
(>monika.margesin@msoft.it<)

After the foundation of our Association, AIET, in 2003, the common work among a little group of eurythmy therapists intensified. The interest aroused from Eurythmy Therapy Forum opened new dimensions and widened our consciousness. Our quietening basic mood was: there is the possibility to be identified by the external world.



So we had to translate and work on a great amount of documents: guidelines about the eurythmy therapy method, eurythmy therapy professional image, curriculum concerning the training, documentation of the work, newsletter writings and general communications etc.

Some of us were frightened by this, others felt overwhelmed in others arose questions.

In our country we had meetings with the representatives of different therapeutic fields and interdisciplinary meetings took place with Ad and Henriette Dekker. In this way we had the possibility to perceive and be part of the work of the anthroposophic medicine in Italy.

This year on July we met with IVAA and SIMA (Italian Society for Anthroposophic Medicine) representatives at the presence of Michaela Glöckler.

New ideas and new prospects were also taken from the 2008-meeting in Milan between the advisory committee and the Italian eurythmy therapists.

We had regular training lessons: with Titia Jonkmans for eurythmy therapists and doctors; we worked with Anja Meierhans for the documentation and with Mareike Kaiser and Dr. Claus Haupt at the eurythmy therapy for teeth. The presence of many dentists and deontologists pleasantly widened the number of the people attending the courses.

The possibility to obtain the **Anthro-Med** quality label brought to AIET some new members who gave their concrete support.

All this is the result of the effort of many people and we would like to thank them all!

JAPAN:

Kimiko Ishikawa
(>eu.haus-erde@m3.dion.ne.jp<)

Firstly I would like to thank everyone for the response I received since Angelika sent my email to you all. The many "Halleluiahs" and "I think Speech" exercises you made for us. Also, thanks to colleagues in Norway who included us when they did eurythmy for the people of Meloy.



Six months have passed since the Fukushima disaster and only one third of the rubble has been cleared from the area so far. Also only 20% of the people there have found work and the radiation levels are high in many parts of the country. Tokyo included. Many mothers are concerned about their children's health in the future, so the situation is still serious and critical.

It is exactly 66 years (2 times 33) since Hiroshima and the burning question is: "What do we need to learn in order to find a new orientation for the future"? Many believe that it will only be possible to rebuild things in Japan if we also change our way of thinking.

How much strength has it taken us to arrive at a "comfortable" life style? Eg with the computer and household gadgets that control everything for us (e.g. the latest televisions which switch themselves off when we sleep etc). Our individual ego forces are driven away.

In our big cities life is full of stress and hectic and there is no time for peaceful reflexion or an inner life as we used to have. The question arises, should this outer material richness not be transformed to an inner more spiritual quality?

On the 19th September a big demonstration involving 60.000 people marched the streets and ten million signatures have been gathered in opposition to nuclear power stations. Before there was little interest but now millions are actively protesting and consciousness has been raised. One has the feeling that out of the depths of the Japanese soul a new will has arisen a Christ filled will to rebuild society and the national/folk identity.

Since the 3rd November doctors and nurses, therapists and teachers have all been working together as a crisis team to help the many traumatised adults and children affected by the disaster. One doctor has even promised to distribute 2800 bottles of Solum

Oil to the people of Fukushima. This is a gift from Wala.

We met as eurythmy therapy colleagues in August to share our observations of the children and adult patients affected. We noticed that the ability to imitate is weaker amongst the children and with both, the etheric sheath is damaged. Even in Tokyo many are affected and we hope that our work will be of benefit to the whole environment not just the patients we treat.

Eurythmy radiates out and works between the microcosm and the macrocosm. This gives us a great feeling of responsibility and hopefully, through our work, courage, and strength of the 'middle' can be given in a Christ filled way. The Christ ego awakened in the human ego so that the right steps are taken in the future.

We now plan to meet with the artistic and pedagogical eurythmists to look at various questions, e.g.: What actually is the Etheric?

To close, I would like to thank you all again for your loving thoughts which have helped support us and keep us upright and whole in this difficult time.

NETHERLANDS:

Irene Pouwelse

(>irenepouwelse@casema.nl<)

Our group consisting of roughly 60 eurythmy therapists is active in schools, hospitals, institutions, kindergarten and rest-homes. But everywhere decreasing budgets intervene now and I believe



that it will be more and more important to cooperate internationally, just like the International Eurythmy Therapy Forum is aiming for.

There has been contact with the International Eurythmy Therapy Forum and our management since the beginning of Forum 2001.

In our country we have discussed and worked with a lot of the same items the Forum faces. A lot of things were set in motion due to social obligations, which we tried to meet without neglecting our own values. So a lot has happened in the last ten years.

It remained possible for patients to stay with most insurance companies and be eligible for financial compensation. For our members we organized refresher

courses during weekend seminars; binding acts for registered and non-registered members; new regulations, new brochures; research concerning hay-fever/TSRMA (in conjunction with the university of Leiden and Alanus university readerships), further research concerning cancer and depression; and for the upcoming year the collaboration with **AnthroMed**.

Starting next year registered members will be subject to involuntary visitation, meaning that they are obliged to visit other members during work; the two year pilot regarding this just finished.

For the next time I hope to find a representative for the different working fields. In this way we hope to create a solid foundation for our profession in the upcoming years.

NEW ZEALAND:

Alfred Busch

(>ajj.busch@gmail.com<)

Breakthrough in university entrance for Waldorf students!

Almost everywhere Waldorf schools are faced with the same problem: How to meet state exam requirements and yet remain true to the curriculum?



In New Zealand a solution has been found. The Waldorf Schools have submitted the 'Waldorf School Certificate' to the New Zealand State Authority (NZGA). This means that the Waldorf Curriculum forms part of the exam requirements for University entrance.

This is not only a breakthrough for New Zealand but could also help others around the world when they see that the Waldorf certificate is accepted by universities here. It also forms a protection and strengthens the curriculum.

New Zealand has a varied mixture of people with a high percentage of Maori and Island folk so we are multi cultural and open minded when it comes to new initiatives and ideas. Hopefully others around the world will also benefit from new social forms which are developed here in New Zealand.

This report was put together with the help of Jane Patterson, Michael Park School, Auckland. Link: www.rudolfsteinerfederation.org.nz Report No.: 111006-01DE Date: 6th October 2011

NORWAY:

Friedrun Plementas

(>friedrun_plementas@hotmail.com<)

In June and September a small group of eurythmy therapists met to study the 12 Soul Moods together. Another meeting is planned for January.



There was also a very successful meeting between some eurythmy therapists and the leaders of 'Organization of Norwegian Natural Therapists' (NNH) with the intention of gaining state recognition. As always the key point was the working together with doctors.

After five years as country delegate I would like to thank everyone and pass the role on. Unfortunately a replacement is still to be found!

PHILIPPINES:

Dr. Grace Zozobrado

(>graceeurythmy@gmail.com<)

I have been working as anthroposophic doctor and eurythmy therapist in the Philippines (since I returned from training in Germany in 2003) for 8 years now.



Time has gone by very quickly and it has brought with it a lot of experience, insights, questions, new areas of concern, other fields of involvement, as well as other places of activity.

I first joined the Manila Waldorf School upon returning home. At that time, the school was in a very critical phase in its development, and I found myself immediately involved with trying to keep the striving initiative from closing down! Along with this was the everyday challenge of finding my way to concretely being able to work as school doctor and eurythmy therapist.

Since both fields were new for me, and I had nobody to mentor me, I had to struggle with just trying to apply to the situation that I found myself in that which I had learned under a total different setting. It was a really big challenge and I became extremely grateful for the practicum months in the Engelberg Waldorf School (under the mentorship of Sebastian Junghans) when I was given the free space to work independently and learn on-the-job.

Soon the work involved helping out in Waldorf teacher training and adult education, not just in the school but also in institutions in the provinces. I was aware that it was important that people, especially teachers, understood the value of healthy education and the role that eurythmy played to contribute to this.

The Kolisko Conference in Manila in 2006 brought in a momentum that gave several friends and colleagues the push to start something new. The Institute for Steiner's Ideas in Practice was born, and in the building offered by the owner (Reimon Guttierrez) medical colleagues and I opened the Raphael Clinic. The Mikael Playgarden also found its home. These two initiatives encountered complex challenges, and took on new directions in a short time.

Anthroposophic medicine is picking up in the Philippines with growing interest promoted through the International Postgraduate Medical Training (IPMT). The day is always started with eurythmy. Here my goal is to help the participants come to a personal experience with the basic exercises in order to empower them not only to feel confident enough to actually prescribe the exercises but to actually do them with their patients.

In 2009, my husband Walter and I decided to move to the island of Palawan, one hour flight away from Manila. Determined to support the urgently needed exodus of people from the giant metropolis, we prayed for guidance in choosing where we would be lead (in an archipelago of 7,100 islands, this was not a simple decision we had to make). In the meantime, we have founded Koberwitz 1924 Incorporated, a non-stock, non-profit organization which aims to promote healthy nutrition, biodynamic agriculture, anthroposophic medicine, and Waldorf education. We now have a small kindergarden, „Kawatana“ (from the native word for „playground“) and bought a small piece of land.

Two months ago, I opened Clinica Sophia, and hope that through this I can introduce more people to the idea that health and education, the earth and humanity, are all interrelated, and that finding the connection to the spiritual is key to realizing our full potential.

There is much work to be done. We have just begun.

PORTUGAL:

Fernanda Wessling
(>mfwessling@gmail.com<)

Eurythmy therapy is at the moment practiced in two places in Portugal: in Lisbon, in the private practice of our two anthroposophic doctors – Dra. Manuela Tavares and Dr. Mauro Menuzzi, and in S. Romão in Casa de Santa Isabel a therapeutic community for people in need of special care.



As mentioned before, Dr. Mauro Menuzzi is also the med. pract. responsible for the medical and therapeutic work in Casa de Santa Isabel, which he visits once a month.

Marije Grommers moved to Madrid in the Summer of 2010, but this year a Brazilian eurythmist and eurythmy therapist living in England has come for about 7 weeks and worked in the various kindergardens of Lisbon and with patients of our anthroposophic doctors in their practice, and this arrangement is going to carry on.

Maria Fernanda Wessling is carrying on her full-time work in the above mentioned therapeutic community, with mostly people with special needs, but also, when necessary, with co-workers.

ROMANIA:

Konstantin Gruia
(>corabia_ro@yahoo.com<)

In October 2011 curative education will celebrate 20 years activity in Romania/Simeiria. There will be a festive occasion to mark this event.



The Corabia School in Bucharest also celebrates its 15 year anniversary.

We are still only two eurythmy therapists here and both working in curative education.

The Corabia school is having a hard time at the moment, in the eyes of the state it is connected to a special needs school but is fighting tooth and nail to win independent status.

The school has 54 children in need of

special care in ten classes. Classes 1-8 receive eurythmy therapy and classes 1-5 hygienic eurythmy.

This year I have been grateful for the work together with the school doctor and a care worker.

RUSSIA:

Tatiana Strizhak
(>strikaza2004@yandex.ru<)

There are 24 qualified eurythmy therapists here but only 9 have joined the association.



This probably has two reasons: One, that deep in the Russian soul and since Soviet times there lives a resistance to any form of membership.

There is a fear of losing ones individual freedom. The other reason may be the fact that eurythmy therapy has still to win state recognition and alternative groups are still frowned upon by the state. Some also see no sense in joining unless there are clear practical advantages for their work.

Further training courses in eurythmy therapy are held in two places:

1. Moscow, 2nd - 6th June with Pia Wohlhauser to the theme: 'Eurythmy therapy in curative education' "We are interested in the basic exercises given by Rudolf Steiner for pedagogy e. g.: I and You, Peace Dance, Energy Dance, Spiral, Alliteration etc. Out of this we have explored the eurythmy therapy exercises which correspond to and balance the temperaments. We also work with colour eurythmy and especially the colour meditation given by Rudolf Steiner for curative education: Centre and periphery in a circle, blue - yellow, I am in God, God is in me.

Marina Romanova, Eurythmy Therapist.

2. St Petersburg, 28th - 30th June with Margrit Hitsch to the theme: Consonants and vowels in eurythmy therapy. The participants were lead from the eurythmy sounds to the illness or condition in a methodical way. One participant said: The task was to 'see' a specific medical condition/illness 'through' the prism of the 'sounds'. As example for practice the sound Ee was taken (German I). How and where can this sound be experienced? How does one form the transition from the sound to the particularities of the illness/condition? We looked at Parkinson's disease, multiple sclerosis, disease of the vertebrae and tumours.

We anticipate a continuation of this work next year.

Eurythmy therapy in Russian: In summer 2011 a Russian translation of the book 'Eurythmy Therapy with Children in need of special care' by Julia Bort was published.

We would like to thank Angelika Jaschke for her introductory words in the Russian edition.

Further translations are on the way: H B von Laue: 'Physiology of Eurythmy Therapy', E Baumann, 'From the Practice of Eurythmy Therapy' and 'Eurythmy Therapy and Hygienic Eurythmy' by V P Heusser (Persephone, vol 9)

SLOVENIA:

Barbara Berden Skula
(>bberdenskula@yahoo.com<)

My great wish is to spread eurythmy therapy in Slovenia and to work mainly in the field.

Where can I find the necessary spirit of enterprise? And where to meet mates and doctors working with me for this purpose? That's what I sometimes ask to myself.

I have been a pedagogic eurythmist for many years in the Waldorf school in Sagrado (IT) and I'm working with a team devoted to biodynamic agriculture in Trieste (IT). There are persons who ask for eurythmy therapy. For a long time I have taught eurythmy in the kindergarten in Ljubljana.

Here in Ljubljana/Slovenia I have from time to time the opportunity to perform poems in an eurythmic way during evening shows.

Hoping to give more chances to eurythmy therapy, dear mates, I want to send you my best regards from the deep of my heart.

SOUTH AFRICA:

Christiane Wigand
(>christianew@netactive.co.za<)

„Good news from South Africa!

We eurythmy therapists have been meeting once a term, working on individual sounds, aspects, colours, applications - deepening their movements qualities.



We shared some case studies, helping each other to distinguish the important from the unimportant, and we carried

together guidelines of working with nursery school children.

Everyone of us is more integrated now into their workplace, and our work is much more recognised. Also among each other is a far better communication and collegial atmosphere.

The School of Spiritual Science for Speaking and Musical Arts has been formed in Cape Town, (the Pedagogical is working for years already), and we are wondering, if we could form some working within the medical School of Spiritual Science, seeing that we have two nurses, who do rhythmical massage and a doctor.

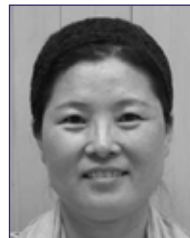
About ten eurythmists have voiced their interest for a eurythmy therapy training.

We thank the Medical Section in Dornach for their amazing support for two of us to come to the international annual Conference of the Medical Section, and Angelika for encouraging us all along! Next year Angelika is planning to come and visit and work with us!

SOUTH KOREA:

Eun Sim Jang
(>esjang@web.de<)

In March 2012 a new Waldorf school will open in South Korea. It will be the 7th here. Through a parent initiative the school will begin with classes 1 - 4 and around 40 children. The anthroposophical society has supported the school for the last 7 years with a kindergarten initiative.



After my practicum in Herdecke Clinic, Germany I will return to work in this new school and also help build up a therapy centre with art therapy, eurythmy therapy and music therapy.

Korea was divided after the civil war of 1950-1953 into two countries: North and South Korea and today it is still politically very unstable. At the same time, many people are looking for their spiritual origins and it is not hard to imagine why the anthroposophical movement has grown so much over the past ten years.

Over 100 Waldorf kindergartens, by 2012, seven Waldorf schools, biodynamic farms, several eurythmy groups

and many other small initiatives have all been established here. At first help came from abroad but now we are more independent.

Parents have been especially active having realized how bad the state education is they decided to try to 'save' their children. Those who are connected to anthroposophy know what a valuable social and cultural force it is for South Korea.

I am very grateful for the 12 years I spent in Europe. The end of this 'journey' brought me to study eurythmy therapy. Afterwards I will return to my home country South Korea.

SWEDEN:

Jane Schwab
(>janehamptonschwab@yahoo.se<)

The Eurythmy Therapy Association, founded in 1994, has today over 70 members of which about 1/3 are active. 6-9 board members meet regularly once a month.



Developments in the international Eurythmy Therapy Forum are part of the information that is sent regularly to colleagues in Sweden and also in Norway and Finland. Looking back over the past 10 years, that which characterizes the activity of the association are many courses for furthering professional development.

Especially memorable were the courses with guest course leaders from other countries: 2003 for children from preschool to high school given by Gertraud Mau, Boudewijn Fehres and Sebastian Junghans; 2001 and 2003 courses in music eurythmy therapy with Annemarie Bäschlin; 2007 and 2009 with Lasse Wenershou and Gerhard Weber; 2009 and 2010 courses with Titia Jonkmans and recently 2010 and 2011 courses for teeth anomalies with Mareike Kaiser.

Internally there have been regular courses in eye eurythmy therapy with Erika Molin and several courses in documentation with Jane Schwab and John Murphy. The eurythmy therapy training, grounded in 1991, has currently 9 students.

Important events: 2007 the umbrella organisation for Anthroposophic Medicine in Sweden (SAMT) was founded – a fruit of many years interdisciplinary meetings with doctors and therapists; the World Eurythmy Therapy

Conference in Dornach 2008, to which many came from Sweden.

Research in eurythmy therapy: 2010 Annica Alvenäng and Elisabeth Broager Groen received Eurythmy Therapy Masters Degrees at Alanus University. Recently 2011 a case report was published: Schwab JH, Murphy JB, Anderson P, Lunde G, Kiene H, Hamre HJ, Kienle GS: Eurythmy therapy in anxiety. Case report. *Alternative therapies*. 2001, 17 (4): 58-65.

For further information see this newsletter under the heading 'Research'. Looking forwards into the coming year, the main task for the Swedish association is to work towards qualifying for the international label **AnthroMed**.

SPAIN:

Leonor Montes
(>leonor.euritmia@gmail.com<)

There are currently nine eurythmists working in Spain and a tenth has just finished her training and will join us soon.



Some of us had the opportunity of attending the World Eurythmy Conference in Dornach and although most of us work in schools we see the value of eurythmy therapy for our work with adults and children.

Not all eurythmy therapists have the support of a doctor but the value of this is becoming more apparent. Doctors here realize that their patients benefit from alternative medicine and especially eurythmy therapy.

This year twelve doctors took a training in anthroposophic medicine in Barcelona.

In Spain there are still many regions where there is neither a doctor nor a eurythmy therapist. Especially in the south. Most are concentrated in Barcelona and Madrid.

In Spain, Waldorf education and bio dynamic agriculture have expanded greatly in the last seven years and we are all hoping that this will be the case for anthroposophic medicine too. The challenge at the moment is especially an economic one as everything has to be paid for privately.

SWITZERLAND:

Daniel Marston
(>daniel.e.marston@gmail.com<)

Everyone who knew our dear colleague, Sophia Hablützel, who died on May 18th at the age of 81, sends grateful thoughts to her across the threshold. It was her pioneering deed in the late 1960's, together with her husband, Dr. Lukas Hablützel and colleague Elisabeth Gerber, making contacts with government officials in Bern that led to the first Step toward official recognition of eurythmy therapy within the state system of invalid insurance in Switzerland, and consequently to the founding of our professional association HEBV 42 years ago.



Thus eurythmy therapy as a profession has become relatively well „established“ in this country, but there is still a great amount of work facing us before this therapy can take its rightful place among others in the realm of medicine and therapy.

In January, after manifold efforts of the HEBV, we received notice from the national office for the regulation of professional accreditation their decision that in the future there will be two paths for trained eurythmy therapists to achieve state diplomas on the basis of a higher professional examination: On the basis of our high quality training, we can choose either the title „Art Therapist“ or „Complementary Therapist.“ The preparation for the title „Art Therapist“ has already been approved; the exams for the title „Complementary Therapist“ will be offered in Autumn 2013.

Through membership in the Swiss federation of complementary therapies we have regularly reoccurring opportunities to present eurythmy therapy in public „health fairs“ throughout the country. Nevertheless, it is still not easy to find colleagues willing to help with such representational work or for various voluntary tasks within the HEBV.

The eurythmy therapy training in Dornach, now under new leadership and offering courses for the first time solely on a part-time basis, began anew at Easter this year.

An important step toward being able to represent our therapy internationally within the context of anthroposophic medicine took place in August with the registration of the HEBV as a national trademark. With this as a foundation, an application for receipt of the inter-

national quality label **AnthroMed** of the anthroposophical medical movement can now be made.

If one does good work, it is possible for a person to build up an economically stable situation with eurythmy therapy in Switzerland. Considering the important task of continuously building up and protecting the inner substance of eurythmy therapy, however, all of us living in the middle of Europe especially are called upon to remain very vigilant; that Rudolf Steiner mentions Switzerland specifically at the end of the sixth lecture in the Eurythmy Therapy Course can serve as a reminder to us of this responsibility.

THAILAND:

Hermann Wessels
(>h.l.wessels@gmail.com<)

When there are no Red and Yellow shirts quarreling with each other. When life is not in chaos through huge floods, then I also do Therapeutic Eurythmy. I work mostly with autistic children and young adult.



Since about 6 months I work with groups of children with behavior-problems (Restlessness, lack of ability to listen, constant talking, frequent quarreling) at an alternative school..... an interesting and challenging task.

USA:

Maria Ebersole
(>knollhouse@fairpoint.net<)

Over the past 10 years many more eurythmy therapists are working in North America but still very few have full time work as such. Interest in eurythmy therapy in Waldorf schools has grown and despite budget shortfalls, many schools find ways to keep eurythmy therapy in their programs, at least part time.



Over the years, grants from ATHENA have helped schools build and maintain eurythmy therapy programs. We also have several clinics that employ eurythmy therapists.

Eurythmy therapy courses are now part of the Anthroposophic medical training for doctors. Young doctors have shown

a growing interest in eurythmy therapy.

This February we were happy to welcome the 12 graduates of the Training for Eurythmy Therapy in North America into the profession! Most of them will be staying in North America, though some will be returning to their native lands. A meeting was held with Angelika Jaschke and board members of ATHENA (Association for Therapeutic Eurythmy in North America) in which questions about our work here were discussed. We would like to strengthen our support of the training by working more closely with them, providing a wider base of practicum possibilities and mentoring. Another initiative that has been affirmed by our members this summer is to proceed with the **Anthro-Med** application process. New ideas as to how we can create opportunities for professional exchange (Intervision) and support each other in furthering the quality of our work, are already arising through this process.

ATHENA has worked on and completed a new brochure that was distributed to members last summer. A website was created to establish an informative internet presence and to provide

a directory of practitioners and their locations.

Please take a look: www.therapeuticeurythmy.org! Feedback is welcome. Our email address is: ATHENAcorrespondence@gmail.com.

We have been grateful to receive grant monies this year in spite of the economic downturn, from The Rudolf Steiner Charitable Trust, The Camphill Foundation and the Glenmede Foundation. This and donations from generous individuals has made support possible not only for beginning eurythmy therapy programs in schools, but includes mentoring, conferences and this year's Dental Training with Mareike Kaiser.

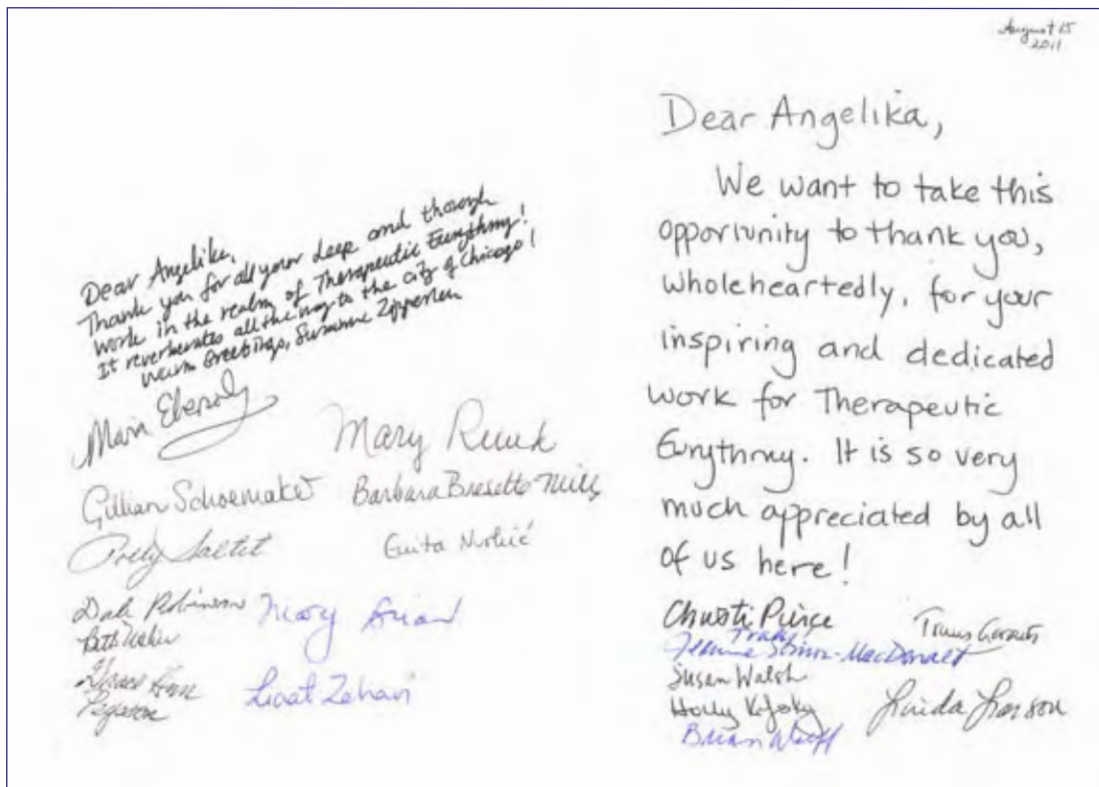
There were 19 participants from all over North America participating in the first part of the Dental Training this summer, graciously hosted by the Camphill Community of Kimberton Hills. Mareike led us with clarity and confidence throughout the week. With the teeth, one can visibly document the effects of eurythmy therapy.

This holds great possibilities for future research and recognition, especially in North America, where these aspects

Miriam Karnow - our treasured colleague in the USA - suddenly passed away on November 3, 2011. She apparently died of a heart attack. Together with her husband, Dr. Gerald Karnow, she had worked at the Fellowship Community for over 33 years. She was a treasured colleague, deeply dedicated to eurythmy and anthroposophy. Together with her husband, she had been actively involved in the Eurythmy Training in Copake.

are highly valued. We worked mainly on basic anomalies such as overbite and underbite, exploring appropriate avenues for treatment. It was impressive to experience how one of the hardest human substances can be profoundly influenced by the most delicate of movements.

This is also of importance in our geographic area, where such a concept is very foreign.



Interviews with country delegates

Interview with Cecilia Teixeira from Brazil



How many eurythmy therapists are there in Brazil?

Five are practicing at present.

How many have completed the Eurythmy Therapy training?

20 have now graduated. They trained in Europe or Brazil. One lives from eurythmy therapy in Rio, two in Sao Paulo, one in Portle-

gre and one in Santa Catarina. These five work full time with eurythmy therapy. The others work in schools or with art therapy and try to see one or two patients on the side so they are not really working as eurythmy therapists in my opinion.

We meet once a month on a Saturday morning and will now continue into the afternoons.

These meetings are attended by all who have an interest in eurythmy therapy. Doctors, therapists and students. Some are qualified, some not.

What do you do in these meetings?

I wanted to study the eurythmy therapy course and other related literature but we have a problem as much is still not translated. The Eurythmy Therapy Course will be soon though! We also have plans for a eurythmy therapy training here. Ten or twelve have actually shown interest and these include doctors but it will take time. Things develop slowly here.

The Training Leaders' Group have formed a mandate to tackle questions like: What does one need? What is necessary? What must one consider?

It is great that this is all happening!

I feel it important that things are clear, right from the beginning. Some students have already started their studies with block periods in England and other places but others are not able to leave Brazil.

How is the situation with the doctors there? How many have come forward to study eurythmy therapy?

Six or seven studied with Titia Jonkmans. One doctor from another town is offering eurythmy therapy herself because she can't find anyone else to do it! The doctors in Sao Paulo never give eurythmy therapy prescriptions/indications. We have to make our own 'recipes'.

Could this be the theme of one of your Saturday meetings? The work with doctors?

Yes, that's why we want to meet and share because although the doctors like eurythmy therapy they do not prescribe it. Only two doctors in the Tobias Clinic give prescriptions for eurythmy therapy. A friend of mine is a gynaecologist. I always ask her: Where are your patients? She only sends one or two patients even though she has many more. It is very difficult.

How is it in the Waldorf schools?

It is a problem at the moment. One colleague, Marisa, a eurythmy therapist with almost 20 years experience offered to give eurythmy therapy for nothing but the College said No as the children would have to come out of lessons. She then offered to do it in the afternoons but they also declined her offer.

It's a strange atmosphere at the moment: We would like to work, but either they cannot prescribe eurythmy therapy or they feel it is too unusual. I think it's still too new, too strange for them. They feel safer sending the children to Psychotherapy etc.

Is there a history of other (ancient) forms of medicine in Brazil?

Yes. Herbal medicine, homoeopathy.

Is it recognised?

Yes, but anthroposophic medicine is also well known here.

Have you tried to present eurythmy therapy as part of anthroposophic medicine?

Yes.

And nevertheless the medicine is recognised but eurythmy therapy not?

Yes, it still remains virtually unknown to many.

We have spoken about this with the doctors who all prescribe anthroposophic medicines but not eurythmy therapy! The patients who come to me all enjoy their sessions and some have been coming for years but still only 2 or 3 doctors send patients.

Perhaps we should be saying that you can only call it anthroposophic medicine when eurythmy therapy is part of it! That is actually the case.

One hope is that because there are now eurythmy therapy trainings for doctors in England, Finland, Hungary and Georgia doctors will come with an interest in prescribing eurythmy therapy out of real knowledge and experience. It also rests with us to make our own decisions and to be clearer, also when speaking about what we do with eurythmy therapy with the doctors and others. There is a lot to learn before we can be really clear in our profession. Tasks and inner substance need to be clearly defined, for the doctors and the general public.

To end, I would like to hear about the mood in Brazil? How far from each other are you? I always have the impression of huge jungles, rain forests etc. tell us how it is under such extreme conditions to work?

I can only speak for myself. I live in Sao Paulo, the largest city in Brazil where there are unbelievably many people all living together. I live in a small house in a small street together with 7 women and we have managed to create a nice mood!

In Brazil there it is dangerous. You must always guard yourself. Someone might try to kill you..! The children are sexually awake far too young and there is poverty and crime everywhere, especially in the cities. The mood is tense, people spend a lot of time outside although the obsession with

computers and the digital world drives many in. The children are intellectual, watch a lot of television, computer games etc. They often have problems sleeping. It is hot and pollution is bad. If you clean your car in the morning, it is black again around noon. But people like movements. Often people come to me to ask about meditation, they cannot seem to sit still when meditating, so I give them eurythmy therapy exercises to help them. My clients not only want to get healthy, but they also want to meditate to find their center. Many like dancing and notice that eurythmy therapy is different. Its not just 'dancing'.

When I count up, you are relatively few here with only five actively working with eurythmy therapy. Is this difficult? Do you feel some resignation that things are not „blossoming“ like you would like to have? Or do you take canky step after step, just as far as possible at the moment?

Yes, exactly. We have got eurythmy therapy only for 20 years now - that's not very long. We have not even got a book on eurythmy therapy. We are born pioneers. We push aside all confusing thoughts to be able to move forward. The big problem is money. How to live from eurythmy therapy?

Do you have contact with the other anthroposophic therapists?

Yes, but the arts therapies and massage have been here longer than us. They outnumber us so there is no comparison. Actually it is amazing how much things have developed here but eurythmy therapy remains small. We need a training. The art and massage therapists can just start practicing after a shorter time, we need longer.

Have you thought of forming an association which would include you all? Is there one already? Is there an association of doctors in Brazil?

Yes, ABMA (Anthroposophisch-Brasilianische Medizinische Assoziation).

Are therapies included in this?

No, the arts therapists have their own association, 'Aurora'. So do those working in curative education, massage and chirophonetik, too. Only we don't and because we are so few we are integrated in the general Eurythmy Association.

I have one request: Please take a thorough look. In many countries Eurythmy Therapy is part of the Doctors' Association. They form a subsection „Anthroposophic Therapies“. All anthroposophic therapies are united there. No one has to found an own association, you are close to the doctors, but you have your own area of work. Have you thought of this?

No, but we will.

*Many thanks for this conversation Cecilia!
Angelika Jaschke*

23 April 2011 World Eurythmy Conference Dornach

Interview with Anne-Marie Somero from Finland



How many eurythmy therapists are there working in Finland?

We are 26 but only 15 are actively working at present. The others have retired. Most of us work in schools, combining pedagogical and therapeutic eurythmy, or in curative education centres. One works in a clinic where homeopathy and other alternative therapies are practiced.

In our region we are seven but we live far away from one another. We see each other very rarely. Before, we were a working group within the Finnish association for anthroposophic medicine and we received a lot of support from this association which included all the professional groups in the country but now they wish to specialize more on building a patients network. The anthroposophic arts therapists have formed an association to which we are invited to join.

We decided however to form our own association which we did on 2 April. The statutes for this have now been submitted but it will take six months until we can proceed.

What lead you to deciding on your own association?

Many felt that eurythmy therapy needs protecting and not everyone should be able to call themselves a eurythmy therapist.

The decision was also made for legal reasons. A year ago the government said that all practitioners must have a state recognized training certificate. A petition was started and thousands of signatures collected. This was handed to the leading doctor of the health service department who is now reconsidering the situation and bringing new requirements. We will be actively promoting further training etc in our newly formed association.

In the arts therapists association many outsiders come, e.g. the poolside attendant from the sports centre who is only required to complete a couple of short weekend courses. We thought this would throw a bad light on eurythmy therapy in Finland. Another reason for deciding on our own association.

How is eurythmy therapy in Finland?

Ten years ago we used to meet every month to study together but this is no longer the case. We seldom meet now although the new association has called for more regular meetings again. Also, earlier we often had up to three visitors from abroad giving us courses but not any more. However one of the association ideas is to hold 20 further training courses a year!

Yes, you could study and practice together and explore basic eurythmy therapy questions. I would be happy to see this happening all round the world. Do we really understand what we initiate in the etheric when we do eurythmy therapy? Are we really conscious in our practice? What are the basic elements which really make eurythmy therapy work? These questions could be explored together without the need for outside visitors. You could develop a research dialogue. That is something I long for. For example: The question to the difference between eurythmy and eurythmy therapy.

It is difficult when colleagues live 400 to 800 kilometres apart but we nevertheless want to combine our forces and work together. Even a weekend conference once a year would be something!

How do you experience the mood in Finland? Does it still have pioneer quality?

We are the first! We'll make it!

Recently, in the last few years the mood has been a bit down but the new association is helping to inspire us again. We realize that we have something worth developing here and meeting all the new legal requirements was actually good for us. We are working together again.

How is the situation with eurythmy therapy in the Waldorf schools? How does the government effect this?

Eurythmy therapy is highly valued in the schools. I do only eurythmy therapy as that is what they want. We call it 'extra eurythmy' partly due to state legislation. We are concerned about new legal requirements and this may clear us to continue practicing. In my school I even get state finance as part of my income. In Finland there are many problems with the youth culture so the state pays me what a psychotherapist would earn.

Can I do anything to help you?

Yes, please come and visit us! Give us courage and enthusiasm! That would be good.

Maybe when you get the go ahead for your association?

Yes, then you could also tell us more about **AnthroMed**.

Is there anything else that concerns you?

Yes, I find it difficult when students go abroad for their eurythmy therapy training but come back to do their big practicum. I need more contact with the training centres and clearer guidelines as to what is expected from me as a mentor.

It would also be good if we were sent some sort of literature for patients. We only have an ancient info booklet for them. Probably out of date now.

Many thanks Anne-Marie for this conversation which we will publish in our Newsletter. Hopefully this will give colleagues around the world a picture of your pioneer work in Finland!

This interview was conducted by Angelika Jaschke with Anne-Marie Somero on Tuesday 26 April 2011 in the Medical Section.

BULLETIN COLUMN

Job offer: Poland

Several anthroposophic doctors are looking for a eurythmy therapist. An IPMT doctors' training had been held in Poland - and now they are in need of eurythmy therapists to continue their work.

For further information contact the German speaking doctor Eva Wasniewska.

E-Mail: ewawasniewska@gmail.com

Job offer: Portugal

The group of therapists in Lisboa is urgently looking for a eurythmy therapist. We would appreciate knowledge of the Portuguese language.

Contact person: Alexa Rosenbaum
Tel: 02351-217971719
E-Mail: lexa.r@gmx.de

PhD thesis by Sibylle Rudolph
„Zur Geschichte der Eurythmie“
(On the History of Eurythmy Therapy)

Tectum Verlag,
ISBN 978-3-8288-2753-0
29,90 Euro

Job offer: Peru

In Lima a group of doctors of the „Centro Médico Antroposófico“ is looking for an active eurythmy therapist. Furthermore, there will be work at three Waldorf schools and in curative education. Since July 2010 the IPMT doctors' training has been held in Lima.

Contact person is the German speaking doctor Yván Villegas Alvarado,
Phone: 0051-1-421 9783
E-Mail: yvanvillegas@centromedico-antroposofico.com

Research Meeting Eurythmy Therapy on Documentation

Univ. Prof. Dr. Arndt Büssing coordinated the first joint research meeting eurythmy therapy at the end of September. Exchange of expertise will be the overall aim within this expert committee. This will be supported eventually be a eurythmy therapy database for the research committee. Regular meetings are planned and new eurythmy therapy colleagues and doctors doing research are encouraged to join the group.

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Fields of Practice

Work in Clinics /Medical Centres



The work 'Professional Profile for Eurythmy Therapists working in Clinics' is almost ready for publication.

We are closer together through the exchange of ideas and intense work. It was good to attend the World Conference in Dornach at Easter and since then we have had regular meetings. The state regulations regarding working in a clinic have created a lot of new work for us but this has also brought us close together.

We will have to become very clear as there are changes in the pay structure and financial running of several clinics. We need to remain strong and upright.

Further themes were: Individual or Group Therapy. Expansion of the out patients division and various research projects where we realize again and again how much we are appreciated.

Eva Maas-Küstermann

Eurythmy Therapy in Regions in Crisis

Last year too, many people around the world, specially children and adolescents suffered due to environmental disasters or violence.



With great dismay all of us followed the news as the nuclear disaster hit Japan, the democratic uprising and often violent struggles in the Arabian world, as well as the famine catastrophe at the Horn of Africa and beyond.

One individual can not save the world. But thanks to the persistent effort of many individuals, NGOs and other aid organisations the physical and psychological distress of our worlds vulnerable population could be alleviated.

It is the second year stART international has worked in Haitian street camps, orphanages and schools. Additionally we expanded our training for school and kindergarten teachers.

This year I supported the work in our versatile team of pedagogues and therapists for five weeks. I am very grateful for this opportunity and chance.

It is a very special and challenging task for the eurythmy therapy to create out in the open an inner space for the children to retreat. The Haitians gift and joy for rhythm was a great support for our work there.

Our project in Haiti will continue at least until summer 2012. Meanwhile we get ready to launch a new project in Libya, where lives are threatened since almost six months due to the cause of civil war. To evaluate the capacities and challenges, Barbara Schiller (project coordination) and Sebastian von Tschammer (eurythmy therapist) went last week (1.-10. October) to the areas of warfare.

To find out more about our current and prospective projects, you are most welcome to visit our web-side: www.start-international.org

Since there is an increasing demand for our work, our NGO continuously expands and we look for qualified team-members. If you are an experienced pedagogue or therapist (anthroposophical background appreciated), with experience of life and you are motivated to work in an interdisciplinary and intercultural team and environment.... please contact me. m.faltin@start-international.org

All of us daily provide support to small and grave crises around the globe. May you all have the support and strength to accomplish your work

Myrtha Faltin

International coordination of the fields of practice

Following the restructuring of the International Eurythmy Therapy Forum, Mareike Kaiser has taken on coordination of the six fields of practice internationally. Through her work with eurythmy she comes in contact with colleagues all over the world and is able to be of help locally. This also enhances the area of 'further training' which every eurythmy therapist should be engaged in as a matter of course. (Angelika Jaschke)

I am happy to say that my work now covers nine different countries. In three (USA, United Kingdom and Germany) all six areas or fields of practice are now fully established and represented. It is a difficult task to gather together all the names in order to differentiate between the various fields as many work in more than one. When the coordinator or representative of a field of practice is to include all relevant colleagues in their list it helps when communication is more focused. I hope this will be the case in the future.

Mareike Kaiser

International Further Training

Field of practice: curative education:

A professional conference for eurythmy therapists and doctors

„Psychiatric Illnesses and their manifestations within Special Education and Social Therapy“

will be held from October 4th – 6th 2012
at the Sonnenhof, Arlesheim, Switzerland

We will work on the subject of „Trauma“. The following persons have offered their participation: Walter J. Dahlhaus, Ursula Langerhorst, Roswitha Schumm, among others.

Further information, program and conference papers will be made available as of May 2012 through the Eurythmy Therapy Professional Associations:

Germany: sekretariat@berufsverband-heileurythmie.de

Switzerland: info@heileurythmie.ch
and www.heileurythmie.ch

Field of practice: The first seven years (kindergarten)

Topic:
„Methodology and didactics of eurythmy therapy for the first seven years - the silver bullet for therapeutic acting. The entering of Lucifer and Ahriman into therapeutic thinking and acting.“

Venue: Frankfurt a.M.
Hügelstrasse 67, Rudolf-Steiner-Haus

Date: 10 /11 November 2012

Responsible: Elke Neukirch

Registration: heileurythmie-1js@web.de

Field of practice: School

10th conference Eurythmy Therapy in Schools in 80802 Munich

Rudolf-Steiner-Schule München, Schwabing,
Leopoldstr.17,

March 16-18, 2012 Friday, 3 pm, till Sunday, 1 pm
„On the overcoming and the creation of opposites, polarities within the child's development (Preparation: GA 160. GA 314)“

Lecturers: Anna Seydel, Boudewijn Fehres,
Dr. Mena Kiene, Sebastian Junghans,
Annette Weisskircher, Gertrud Mau

For more information and a detailed program
contact Laura Monserrat:
HE@monserrat.de

Annual conference of the German Professional Association (BVHE)

„The etheric effectiveness within time and space -
how can we get to the sources of eurythmy therapy?“
May 25-28, 2012

Freie Waldorfschule in Leipzig (Germany)
Registration at the office: sekretariat@bvhe.de

Eurythmy therapy with teeth - Courses with Mareike Kaiser 2012

Mailand, Italy January 13 - 15, 2012

Course 5: Zodiac circle, planet forces in the teeth,
impacted teeth, duplications, possible therapies
(Dr. C. Haupt, M. Kaiser)

Dornach, Switzerland January 27-29, 2012

Course 6: Exercises on the topics of course 5

Linz, Austria March 9-11, 2012

Course 3: Tiefer Biss, abocclusion

Linz, Austria May 11-13, 2012

Course 4: Front tooth malposition, spaced teeth

Mailand, Italy June 15-17, 2012

Course 6: Exercises on the topics of course 5

Kimberton Hill, USA

presumably August 8-14, 2012

Course 1: Introduction seminar, medical terms, basics,
diagnosis, presentation of malposition, possible
therapies (Dr. C. Haupt, M. Kaiser)

Course 5: Zodiac circle, planet forces in the teeth,
impacted teeth, duplications, possible therapies
(Dr. C. Haupt, M. Kaiser)

Course 6: Exercises on the topics of course 5

More information:

Mareike Kaiser
mareike.kaiser@gmx.at

International Further Training

Eurythmy Therapy - Further Training Course with Mrs Dr. Wilburg Keller Roth, Switzerland

"What can Goethe's theory of colour and his systematic method of observation and teaching of metamorphosis tell us about the Big Vowel Exercises? (see lectures one and two of the Eurythmy Therapy Course)
The first five meetings will be held on: 28 January, 18 February, 24 March, 21 April and 23 June.2012

In autumn 2012 there will be a continuation under the theme:

"The systematic application of consonants as described in the Eurythmy Therapy Course and in the metamorphosis of the sound gestures in eurythmy therapy practice. (lectures 2 and 4 Eurythmy Therapy Course GA 315)

The forth autumn course will take place on 25 August, 22 September, 27 October and 24 November 2012.

Registration and further information at
HEBV-CH: info@heileurythmie.ch

Eurythmie Festival in Russia

January 3-6th, 2012
in Moscow there will be the 4th Eurythmy Festival "Basic elements and the artistic expression of them in eurythmy".

In the program:
Workshops with Melaine McDonald (tone eurythmy with strings)
and Margrit Hitsch (12 Moods by R. Steiner).

Contact:
Galina Sluch (Moskau) sluch_g@mail.ru
Olga Gerasimova (Petersburg) TSE-SPb@yandex.ru

... last but not least

Closing date and distribution of the newsletters:

Deadline for all international reports, training and practice field reports for Newsletter No 10 is

24th September 2012.

The editors ask when possible that all contributions are submitted in German and English.

Distribution: The distribution of the newsletter to all eurythmy therapists in each country lies within the responsibility of the country representatives.

Thanks to the co workers

Without the work of the many people who help with newsletters like this it would not be possible. Heartfelt thanks to those who helped with writing, supported in thought/ideas, layout, translation, finances etc.

Please note that all the texts without any author's signature are written by Angelika Jaschke.

CONTACT:

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www.forumHE-medsektion.net

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info@forumHE-medsektion.net

We would like to express our heartfelt thank to Wala for their engagement in designing the advertising space on the back. This enabled us to print the latest newsletter in German and English.

Our Medical Section bank account [in Germany] for eurythmy therapy is:

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